
CBC WEEKLY RESOURCES



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JANUARY 4, 2025
COMMUNITY BIBLE CHURCH
3645 Cashiers Rd, Highlands, NC 28741

I. SERMON RECAP

In Pastor Gary Hewins' message titled "Rolled and Established," we were led through Proverbs 16:3 with a rich understanding of what it means to commit our works to the Lord so that our plans will be established. The central idea revolved around aligning our commitments with God's purpose, as true success stems from entrusting our efforts to Him. Pastor Gary emphasized the importance of not just setting personal goals but also ensuring they extend beyond our capabilities, urging us to rely on God's guidance rather than solely on our own understanding.

The sermon encouraged us to carry a burden for real change by committing our works to God, which involves embracing challenges beyond our comfort zones. Pastor Hewins taught us that establishing ourselves in areas of life requires a deep, burdened commitment that invites divine intervention and community support. As we step into a new year, he urged us to identify areas in our lives that need stability and growth, all while trusting God to guide and establish us.

May you be blessed as you consider how God can work through your commitments and may His establishment in your life bring you closer to His purpose, providing hope and encouragement.

Chapters:

Introduction: The Challenge of Proverbs 16:3

Understanding "Commit" and "Establish"

True Success and Beyond Our Abilities

Rolling the Stone: The Commitment Process

Establishment by Divine Design

Personal Application: Be Established

II. STUDY GUIDE

Key Points:

Balance personal and community prayer by surrendering personal burdens and supporting others.

Root your identity in Christ by reflecting on His example of commitment and burdens.

Adopt a worship-first posture, bringing all endeavors before God with adoration, confession, thanksgiving, and supplication.

Embrace stillness before God as a means to understand His guiding hand.

Key Scripture:

Proverbs 16:3 "Commit to the Lord whatever you do and He will establish your plans" [NIV].

Supporting Verses:

Genesis 29:3, illustrating communal effort in commitment.

Isaiah 55:8-9, reminding us God's ways are higher than ours.

John 14:12, where Jesus speaks of doing greater works.

Matthew 11:28-30, an invitation to lay our burdens on Him.

1 Peter 5:7, encouraging us to cast all anxiety on Him.

Other Relevant Verses:

Philippians 4:6-7: Tied to prayer and peace, reinforcing the sermon's call to trust God's establishment.

Psalms 37:5: Aligns with the theme of committing our way to the Lord.

Romans 12:2: Discusses transformation by renewing the mind, linking to the theme of true change.

James 1:5: Encourages seeking wisdom from God, a theme of discernment in decisions.

Ephesians 2:10: Speaks about our pre-established good works in Christ.

III. DEVOTIONAL MATERIAL

Day 1: Title: A Burden Beyond Ourselves

Question: What burden do you carry that requires God's intervention?

Reading: Proverbs 16:3; Matthew 11:28

Devotional: Reflect on Proverbs 16:3, acknowledging areas of life needing God's establishment. Matthew 11:28 assures that we can bring burdens to Christ, for He offers rest. Burdens should propel us beyond personal disciplines, inviting God to intervene in our plans. True success comes as our motives align with worshiping through work.

Challenge: Identify one burden and begin your week by praying specifically for God's direction and support in it.

Day 2: Title: Rolling the Stone

Question: Are you willing to move beyond your abilities and ask for help?

Reading: Genesis 29:3; James 1:5

Devotional: Genesis 29:3 illustrates communal effort, underscoring the importance of seeking help in spiritual endeavors. James 1:5 assures us of divine wisdom when lacking direction, advocating shared burdens within the community and with God. Consider how asking for help could spiritually enrich your life.

Challenge: Reach out to someone who can support you spiritually this week.

Day 3: Title: Established in Truth

Question: In what areas of your life do you need God's truth to be firmly established?

Reading: John 14:12; Psalm 37:5

Devotional: Jesus promises that believers will do greater works, suggesting the potential of being firmly established in His truth. Psalm 37:5 mirrors this promise, guiding us to commit to and trust God. Let His Word reform areas we feel weak or lacking, asking His truth to deeply root in our hearts.

Challenge: Choose a Scripture to memorize this week as a foundation for areas you wish to strengthen.

Day 4: Title: True Success is Worship

Question: How can your work become an act of worship?

Reading: Romans 12:2; Philippians 4:6-7

Devotional: Reimagining work as worship aligns with committing efforts to God. Romans 12:2 calls for mental renewal that transforms mundane tasks into worshipful acts. Philippians 4:6-7 provides peace when presenting decisions to God as worship. Approach even routine tasks this week as opportunities for worship.

Challenge: Take a moment each day to pray before starting your work, aligning outcomes with God's will.

Day 5: Title: The Beauty of Stillness

Question: Can you find room for God's whisper amidst life's noise?

Reading: Isaiah 55:8-9; 1 Peter 5:7

Devotional: God's wisdom surpasses human understanding, requiring our intentional stillness. Isaiah 55:8-9 highlights the grandeur of His ways, while 1 Peter 5:7 invites casting anxiety onto Him, freeing space to hear His voice. Seek stillness to foster clarity in commitments that glorify Him.

Challenge: Dedicate five minutes daily for quiet reflection, listening for God's leading.

IV. SMALL GROUP RESOURCES

Opening:

Welcome everyone warmly and encourage the sharing of prayer requests.

Prayer:

Sermon Recap Theme:

This week, we explored committing our works to God to have them established.

Discussed how burdens must move us beyond ourselves and how God establishes our plans.

Emphasized both individual commitment and communal support in establishing God's purpose in our lives.

Icebreaker Question:

What is one goal you have for this year that requires more than just your effort?

Scripture Exploration:

Proverbs 16:3:

What does it mean to commit our works to the Lord?

How does this verse shape your understanding of success?

Genesis 29:3:

How do you see the community working together to achieve a greater purpose?

What's the significance of having others in your spiritual journey?

Isaiah 55:8-9:

How does knowing God's thoughts and ways are higher bring comfort?

In what areas do you struggle to trust God's plan over your own?

Combined Prompts:

How do these passages together offer a complete picture of being established in God?

Discuss the role of community and individual trust in God's bigger plan.

How can these verses transform our approach to personal and spiritual growth?

Application:

Identify one area of your life where you need God's establishment.

Encourage others in your group to share how they can support each other's spiritual growth.

Closing:

Share prayer needs, inviting the group to pray for burdens to be committed to God for realization and strength.

Prayer:

Close with a prayer inviting God's establishment in each life.

Leader Notes:

Encourage openness in sharing personal burdens and goals.

Foster an environment where asking for help is welcomed.

Highlight how God's wisdom and community support can guide processes of establishing His will in life.