



## Holy Communion: A Covenant Meal

### **1 Corinthians 11:23-31**

#### **Discussion Questions:**

What is a Covenant? Can you name some examples from bible?

Every Covenant God made in scripture had a Promise, a \_\_\_\_\_, and a sign.

What is our payment for entering into New Covenant?

To Remember is to \_\_\_\_\_.

How do we EXAMINE ourselves before taking Holy Communion?

Things to consider:

1. In Matthew 6:14-1, Jesus says, "Forgive others their sins and your Father will forgive you. But if you do not forgive others, then your Father will not forgive you yours." What does that mean we should do before taking Communion?
2. Have you forgiven others?

#### **Action Step: Challenge week 6**

With your family, read 1 Corinthians 11:23-31, forgive those who have hurt you, and then take communion as a family.

## **Memory Verse:**

1 Timothy 4:12

Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.