

WORSHIP

JoyFULL

Joy and Contentment | Philippians 4:10-13

Pastor Peter Salmon | June 7, 2020

The secret of contentment: **I am able to do all things through Him who strengthens me.** - Philippians 4:13

In Jesus we discover both:

1. Weakness and Strength
2. Dependence and Freedom
3. Humility and Ambition

The secret of contentment is only discovered in Jesus.

NEXT WEEK: Kingdom Come: Luke 10:38-42

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SMALL GROUP GUIDE

1. WELCOME

If anyone has had a significant event in their life this past week, give them a minute to share with the group. If necessary, take some time to pray for any immediate needs right at the beginning of the meeting.

2. VISION/PURPOSE

As we transition to in-person small groups, talk about how you can stay unified as a group and considerate of those who have different convictions and needs.

3. SMALL GROUP GUIDELINES

Review guidelines (Use "I" Statements, No Fixing, Confidentiality, Listening) that cultivate a healthy environment for sharing and discussion.

4. OPENING PRAYER

5. READ SCRIPTURE PASSAGE/TELL BIBLE STORY PASSAGE

6. DISCUSSION QUESTIONS

Use a good mix of Head (informational/study) questions, Heart (personal reflection) questions, and Hand (practical application) questions. Below are questions your group can pick from to follow along with the sermon series.

7. PERSONAL SHARING AND PRAYER REQUESTS

You can share and pray in one group, in smaller groups, or in gender specific groups. Make sure that phone numbers are shared so that encouragement and connection can happen during the week.

QUESTIONS

WARM UP: *What is the best gift you received as a kid?*

HEAD: These questions help us examine the Word.

1. Read Philippians 4:10-13. Why is Paul rejoicing? How might verse 10 seem to contradict Paul's message in this book?
2. How does verse 11 help clarify verse 10? What is the proper place of material things or relationships in bringing us joy?
3. How does Philippians 4:13 provide the secret to contentment?

HEART: These questions help us wrestle with what we believe.

4. Are you just as content in the hard times as you are in the good times?
5. What are some of the "if onlys" in your life that are hindering your joy? What would it look like to turn this into an "even if"?

HAND: These questions help us bring truth and beliefs into our everyday life.

6. What are some practical ways that you have been practicing abiding in Jesus or daily dependence on Jesus? Share with the group!