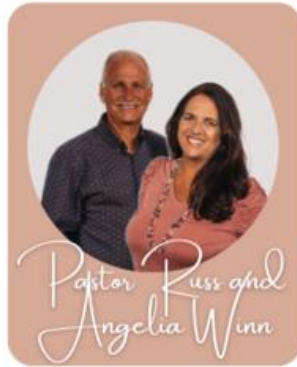


Welcome

We are glad you are here on this beautiful day. We have been praying for you. Yes, you specifically that God would lead you here on this very day. At the Springs of Bonita, we are committed to helping you maximize your potential in life. We're not perfect and we don't pretend to be. When you visit, you will find people like you, ready to welcome you no matter where you may be in life. It's not too late for a new beginning!



Sermon Series: Healthy & Whole God's Way

Our whole person (body, mind, soul) needs ongoing renewal. In this series, discover Christ's amazing power to heal, restore and renew our bodies, minds and souls. Pastor Russ teaches on getting healthy and whole using principles found in the Word of God.

Messages include:

1. The First Step to Health
2. The Hope You Need for Change
3. Letting Go and Letting God
4. Coming Clean
5. Making Changes
6. Restoring Relationships
7. Maintaining Momentum
8. Don't Waste Your Pain

Prayer Tent

Do you have anything that you need prayer for? The team is ready to lift up your needs. Meet them after service in the prayer tent. FREE BIBLES are available at this tent.

TODAY

The Springs at ROOFTOP

June 9th **11:00 am**

Meet us for lunch and fellowship at **Rooftop At Riverside** on June 9th after service. Enjoy a variety of food trucks and a stunning view of the park.

27333 Old 41 Rd, Bonita Springs, FL 34135

Soul Sisters

REAL WOMEN. REAL TALK

Meets at The Ministry House

June 15th

9:30 - 10:30 AM

27061 Rue de Paix
Bonita Springs, FL 34135

Come join the ladies of The Springs on every third Saturday of the month at 9:30am! We will be going through the word together as women!

Stay Connected

Download our mobile app in your app store today. Enjoy access to digital sermon notes, life group calendar, online giving, and more. Stay tuned for continued updates over this Summer.

Scan the QR code with your phone camera to download our mobile app.

Volunteers Needed

- Greeters | Hospitality
- Set Up | Tear Down
- Media Team
- Prayer Team
- Security
- Kid's Church
- Trailer Driver
- Landscaping | Cleaning
- Handyman
- Life Group Leader
- Blog Writer
- Office Administration
- Fold Bulletins
- Event Planning

THANK YOU

Sign up on our website
TheSpringsOfBonita.com

E-mail Courtney.TheSprings@yahoo.com

What is going on this week at The Springs?
www.TheSpringsOfBonita.church/Life-Groups

First Time Here?

Thank you for joining us today! We have a gift for you! Please fill out your connection envelope and bring it to the Welcome Center to receive an Outdoor Church Welcome Kit! This kit has information about the Heart of The Springs of Bonita. Second and third time guests receive gifts too!!!

INFANTS AND TODDLERS

Stay and Play is a fenced in area provided for parents to enjoy the service without the stress of a wandering toddler. This area is for children ages 0-2 years old.

KIDS CHURCH

Upon arrival, check in and drop off your children (Pre-K through 5th grade) at the playground across the tracks.

Ms. Savannah has created a fun service filled with games, worship, crafts, videos, and activities. Following service, check your children out at the playground. Children will not be released without a parent or guardian.

The Springs of Bonita Kids

JOIN US TODAY!

The Springs of Bonita

June 2024

MINISTRY LEADERS

Russ and Angelia Winn	Founding Pastors
Wendy Renee	Worship Leader
Savannah Reinertsen	Student Ministry
Micki Hall	Student Ministry
Tammy Bennett	Finance Manager
Courtney Ardoin	Administrator

STAY CONNECTED



Sign up for our e-news by writing "ENEWS" on your connection envelope. Please include your name and email address.

Heading out of town? Worship with us online, live at 9:30am each Sunday at www.facebook.com/BonitaSpringsChurch/ Or www.tinyurl.com/TheSpringsYouTube

Download The Springs App for access to our sermon series archives at <http://get.theapp.co/118c>

MINISTRY HOUSE/OFFICE
27061 Rue de Paix
Bonita Springs, FL 34135

Pastor Russ Winn
239-293-3310

www.TheSpringsOfBonita.church

Each week our prayer team prays for your requests! To submit your requests, write them on your envelope and/or send them to TheSpringsOfBonita@yahoo.com

Join A Life Group



The Springs is ON THE AIR

You can now listen to The Springs on the radio on 91.5 Kingdom FM! The Springs will air each Saturday at 11:30am & Sundays at 8pm.

91.5 FM

Giving Information

We believe that God is the giver of every good gift (James 1:17) and that He invites us to give back to Him in order to invest in His Kingdom.

Your tax-deductible contribution helps reach this community for Christ! Thank you for being the hands and feet of Jesus! Please drop your offering into one of the buckets at a hospitality table.

Online giving is available at www.thespringsofbonita.church/giving
OR Text "outdoor" to 1-888-364-4483
Mail in: PO Box 3279 Bonita Springs, FL 34133



Healthy & Whole
God's Way



Jesus, Thank You

Thank you for your goodness, thank You for your kindness
Thank You for all the things you do, Jesus, thank you

Jesus, I can hardly count the times
Your grace has pulled me out
Sin and shame had left me bound
I once was lost, but now I'm found
I once was lost, but now I'm found

CH: Thank You for your goodness, thank You for your kindness
Thank You for all the things you do, Jesus, thank You
Thank You for the blessings, thank You for a million little things
Thank You for the ways that You've come through,
Jesus, thank You

Looking back, all I can see
Is a history of miracles
I know if You're here with me
Then nothing is impossible

Chorus

Jesus, thank You (Thank You)
Jesus, thank You (Thank You)
Jesus, thank You (Thank You)

I can't thank You enough x9

Chorus

Trust In God

Blessed Assurance, Jesus is mine
He's been my fourth man in the fire time after time
Born of His Spirit, washed in His blood
And what He did for me on Calvary is more than enough

Chorus: I trust in God, my Savior
The one who will never fail
He will never fail

Perfect submission, all is at rest
I know the author of tomorrow has ordered my steps
So this is my story and this is my song
Praising my risen King and Savior all the day long

Chorus: I trust in God, my Savior
The one who will never fail
He will never fail
I trust in God, my Savior
The one who will never fail
He will never fail

Bridge: I sought the Lord and He heard and He answered
I sought the Lord and He heard and He answered
I sought the Lord and He heard and He answered
That's why I trust Him, that's why I trust Him
I sought the Lord and He heard and He answered
I sought the Lord and He heard and He answered
I sought the Lord and He heard and He answered
That's why I trust Him, that's why I trust Him
I sought the Lord and He heard and He answered
I sought the Lord and He heard and He answered
I sought the Lord and He heard and He answered **x2**

RESTORING RELATIONSHIPS
Healthy & Whole God's Way – Pt 6
Pastor Russ Winn
June 9, 2024

"Blessed are the peacemakers, for they will be called children of God."
Matthew 5:9 (NIV)

Step 6: Evaluate all my relationships, offer forgiveness to those who have hurt me and make amends for harm that I've done to others, when possible, without expecting any reward.

PART 1: I MUST FORGIVE THOSE WHO HAVE HURT ME
The WHY Question?

- 1. Resentment Doesn't _____**
"To worry yourself to death with resentment would be a foolish, senseless thing to do."
Job 5:2 (GN)
- 2. God Has _____**
"Be gentle and ready to forgive; never hold grudges. **Remember** the Lord forgave you, so you must forgive other."
Colossians 3:13
- 3. I Need _____**
"If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins."
Matthew 6:14,15 (NLT)

How Do I Forgive?

- 1. Admit My _____**
 - Repress it: "Pretend it never happened."
 - Ignore It: "*I don't want to deal with it.*"
 - Suppress It: "*It's no big deal...it's over.*"
- 2. Release the _____**
"Lord, how many times should I forgive my brother when he sins against me? Jesus answered, '...not seven times but up to seventy times seven.'"
Matthew 18:21-22 (NLT/KJ)

- The Empty Chair
- Write a Letter You Don't Mail

- 3. Pursue God's _____**
"And let the peace that comes from Christ rule in your hearts. For as members of one body, you are all called to live in peace."
Colossians 3:15 (NLT)

"If you do this, you will experience God's peace, which is far more wonderful than human mind can understand."
Philippians 4:7 (TLB)

"May the Lord of peace himself always give you his peace no matter what happens."
2 Thessalonians 3:16 (NLT)

Part 2: I MUST MAKE AMENDS TO THOSE I'VE HURT

"When people work for peace in a peaceful way, they receive the good results of their right living."
James 3:18 (ICE)

- 1. Remember Those I've _____**
"If it is possible, as far as it depends on you, live in peace with everyone."
Romans 12:18 (NIV)
- 2. Make _____**
"So, if you are standing before the altar in the Temple, offering a sacrifice to God, and suddenly remember that a friend has something against you, leave your sacrifice there beside the altar and go and apologize and be reconciled to him, and then come and offer your sacrifice to God."
Matthew 5:23-24 (TLB)
- 3. Refocus _____**
"Put your heart right, Job. Reach out to God.
¹⁴ Put away evil and wrong from your home.
¹⁵ Then face the world again, firm and courageous.
¹⁶ Then all your troubles will fade from your memory, like floods that are past and remembered no more."
Job 11:13-16

Notes: _____

