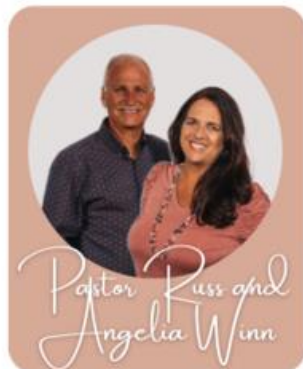


Welcome

We are glad you are here on this beautiful day. We have been praying for you. Yes, you specifically that God would lead you here on this very day. At the Springs of Bonita, we are committed to helping you maximize your potential in life. We're not perfect and we don't pretend to be. When you visit, you will find people like you, ready to welcome you no matter where you may be in life. It's not too late for a new beginning!



New Sermon Series: Healthy & Whole God's Way

Our whole person (body, mind, soul) needs ongoing renewal. In this series, discover Christ's amazing power to heal, restore and renew our bodies, minds and souls. Pastor Russ teaches on getting healthy and whole using principles found in the Word of God.

Messages include:

1. The First Step to Health
2. The Hope You Need for Change
3. Letting Go and Letting God
4. **Coming Clean**
5. Making Changes
6. Restoring Relationships
7. Maintaining Momentum
8. Don't Waste Your Pain



Do you have anything that you need prayer for? The team is ready to lift up your needs. Meet them after service in the prayer tent. FREE BIBLES are available at this tent.

This Week At The Springs

For Full details visit www.TheSpringsOfBonita.church/Life-Groups

- **Sunday School- Sunday May 5th @ 8:30-9:00 am | The Depot Park**
 - **C3 meets -Tuesday May 7th @ 9:00 am | The Ministry House**
 - **C3 Zoom -Tuesday May 7th @ 2:00 pm | Meets Online**
 - **The Book of James- Ladies Group- Wed. May 8th @ 10:00 am | Ministry House**
- Scan the QR code with your phone to learn more about and join our life groups.**



Join us for a
Celebration of Life honoring
Barbara Bartling
May 11th at 11:00 am
The Ministry House
All of our Springs Church family
is welcome to attend.
27061 Rue de Paix, Bonita Springs, FL 34135



Volunteers Needed

Sunday Media Team- No experience needed. We need your help under the media tent on Sundays. Volunteer will press the button to change camera angles and/or guide by mouse the presentation words on the computer for our online viewers.

Truck Drivers- We are looking for individuals with a truck that can pull a church trailer one Sunday a month.

Interested? E-mail TheSpringsOfBonita@yahoo.com



Dinner at

DOC'S
BEACH HOUSE

MAY 30
@5:30 PM

Join us once a month throughout summer at Doc's Beach House where we will meet for dinner and fellowship. Write "Doc's" on your envelope to RSVP.

Doc's is a cash only restaurant and parking is valet or public beach parking!



Join Us
May 18th

Soul Sisters Ladies
The Ministry House @9:30 AM Group

27061 Rue de Paix Bonita Springs, FL 34135



INFANTS AND TODDLERS

Stay and Play is a fenced in area provided for parents to enjoy the service without the stress of a wandering toddler. This area is for children ages 0-2 years old.

KIDS CHURCH

Upon arrival, check in and drop off your children (Pre-K through 5th grade) at the playground across the tracks.

Ms. Savannah has created a fun service filled with games, worship, crafts, videos, and activities. Following service, check your children out at the playground. Children will not be released without a parent or guardian.



The Springs of Bonita

May 2024

MINISTRY LEADERS

Russ and Angelia Winn	Lead Pastors
Wendy Renee	Worship Leader
Savannah Reinertsen	Student Ministry
Tammy Bennett	Finance Manager
Courtney Ardoin	Administrator

STAY CONNECTED



Sign up for our e-news by writing "ENEWS" on your connection envelope. Please include your name and email address.

Heading out of town? Worship with us online, live at 9:30am each Sunday at www.facebook.com/BonitaSpringsChurch/ Or www.tinyurl.com/TheSpringsYouTube

Download The Springs App for access to our sermon series archives at <http://get.theapp.co/118c>

MINISTRY HOUSE/OFFICE

27061 Rue de Paix
Bonita Springs, FL 34135

Pastor Russ Winn

239-293-3310

www.TheSpringsOfBonita.church

Each week our prayer team prays for your requests! To submit your requests, write them on your envelope and/or send them to TheSpringsOfBonita@yahoo.com

Join A Life Group

The Springs is ON THE AIR

You can now listen to The Springs on the radio on 91.5 Kingdom FM! The Springs will air each Saturday at 11:30am & Sundays at 8pm.

91.5 FM

Giving Information

We believe that God is the giver of every good gift (James 1:17) and that He invites us to give back to Him in order to invest in His Kingdom.

Your tax-deductible contribution helps reach this community for Christ! Thank you for being the hands and feet of Jesus! Please drop your offering into one of the buckets at a hospitality table.

Online giving is available at www.thespringsofbonita.church/giving
OR Text "outdoor" to 1-888-364-4483
Mail in: PO Box 3279 Bonita Springs, FL 34133

Healthy & Whole God's Way

Praise

Let everything
That has breath
Praise the Lord
Praise the Lord x2

I'll praise in the valley
Praise on the mountain
I'll praise when I'm sure
Praise when I'm doubting

I'll praise when outnumbered
Praise when surrounded
'Cause praise is the water
My enemies drown in

[Chorus] As long as I'm breathing
I've got a reason to
Praise the Lord
Oh, my soul
Praise the Lord
Oh, my soul

I'll praise when I feel it
And I'll praise when I don't
I'll praise 'cause I know
You're still in control

Because my praise is a weapon
It's more than a sound
Oh, my praise is the shout
That brings Jericho down

[Chorus]

Broken Vessels

All these pieces, broken and scattered
In mercy gathered, mended and whole
Empty handed, but not forsaken
I've been set free, oh, I've been set free

[Pre-Chorus] Amazing grace, how sweet the sound
That saved a wretch like me
I once was lost but now I am found
Was blind but now I see

[Chorus] Oh, I can see You now
Oh, I can see the love in Your eyes
Laying Yourself down
Raising up the broken to life
(Take my heart)

You take our failure, You take our weakness
You set Your treasure in jars of clay
So take this heart, Lord, I'll be Your vessel
The world to see Your life in me

[Pre-Chorus]

[Chorus]

[Pre-Chorus]
Amazing grace, how sweet the sound
That saved a wretch like me
I once was lost but now I am found
Was blind but now I see
Amazing grace, how sweet the sound
That saved a wretch like me

COMING CLEAN
Healthy & Whole God's Way – Pt 4
Pastor Russ Winn
May 5, 2024

"Happy are the *pure in heart*: for they shall see God." Matthew 5:8

"You're blessed when you get your *inside world—your mind and heart—put right*. Then you can see God in the outside world."
Matthew 5:8 (MSG)

Step 4: The Housecleaning Step: *I must openly examine and confess my faults to myself, to God, and to someone that I trust.*

"What *happiness* for those whose *guilt has been forgiven*! What *joys* when sins are covered over! What *relief* for those who have confessed their sins and God has *cleared their record*."
Psalm 32:1-2 (LB)

I. WHY DEAL WITH MY GUILT?

A. If I deal with my guilt, I'll gain _____

B. If I deal with my guilt, my _____ will improve

C. If I deal with my guilt, I'll have a better _____

GUILT cannot change the past, just like WORRY cannot change the future!

II. HOW TO REMOVE GUILT

1. _____ - take a personal moral inventory

"Let us *examine our ways*. Let us turn back to the LORD."
Lamentations 3:40 (NLT)

"*Search me*, O God, and know my heart; *test* my thoughts. *Point out* anything You *find in me* that makes *You sad* and lead me along the path of everlasting life."
Psalm 139:23-24(LB)

2. Stop the _____

GAME

"The LORD gave us mind and conscience; *we cannot hide from ourselves*."
Proverbs 20:27 (GN)

3. Let God Do the Deep _____

"If we freely admit that we have sinned we find God utterly reliable. He *forgives our sin*. He makes us *thoroughly clean* from all that is evil."
1 John 1:9 (Phillips)

"Come, let's talk this over, says the Lord; no matter how deep the stain of your sins, I can *take it out* and make you as *clean as freshly fallen snow*. Even if you are stained as red as crimson, I can make you *white as wool*!"
Isaiah 1:18 (LB)

4. Tell a _____

"*Admit your faults to one another and pray for each other that you may be healed*." James 5:16 (LB)

Revealing Your Feelings is the Beginning of Healing.

5. Accept God's Forgiveness and Forgive _____

"Yes, *all of us* have sinned; *all fall short* of God's glorious ideal"
Romans 3:23 (LB)

Your GUILT is REMOVED and a _____ Life.