## Welcome

We are glad you are here on this beautiful day. We have been praying for you. Yes, you specifically that God would lead you here on this very day. At the Springs of Bonita, we are committed to helping you maximize your potential in life. We're not perfect and we don't pretend to be. When you visit, you will find people like you, ready to welcome you no matter where you may be in life. It's not too late for a new beginning!



# Sermon Series: Healthy & Whole God's Way

Our whole person (body, mind, soul) needs ongoing renewal. In this series, discover Christ's amazing power to heal, restore and renew our bodies, minds and souls. Pastor Russ teaches on getting healthy and whole using principles found in the Word of God.

#### Messages include:

- 1. The First Step to Health
- The Hope You Need for Change
- Letting Go and Letting God
- Coming Clean

### Making Changes

- Restoring Relationships
- Maintaining Momentum
- 8. Don't Waste Your Pain



Do you have anything that you need prayer for? The team is ready to lift up your needs. Meet them after service in the prayer tent. FREE BIBLES are available at this tent.



# Volunteers Needed

- · Set Up | Tear Down • Handyman · Life Group Leader
- · Media Team
- · Prayer Team
- Security
- · Kid's Church
- · Blog Writer · Office Administratio · Fold Bulletins
- · Event Planning

E-mail Courtney. The Springs@vahoo.com



Stau Connected Download our mobile app in your app store today. Enjoy access to digital sermon notes, life group calendar, online giving, and more. Stay tuned for continued updates over this Summer. Scan the OR code with your phone camera to download our mobile app.



Sign up on our website

TheSpringsOfBonita.com



### INFANTS AND TODDLERS

Stay and Play is a fenced in area provided for parents to enjoy the service without the stress of a wandering toddler. This area is for children ages 0-2 years old.

### KIDS CHURCH

Upon arrival, check in and drop off your children (Pre-K through 5th grade) at the playground across the tracks. Ms. Savannah has created a fun service filled with games, worship, crafts, videos,

and activities. Following service, check your children out at the playground. Children will not be released without a parent or guardian.





### June 2024 MINISTRY LEADERS

Russ and Angelia Winn Founding Pastors Wendy Renee Worship Leader Savannah Reinertsen Student Ministry Tammy Bennett Finance Manager Courtney Ardoin Administrator

### STAY CONNECTED













Sign up for our e-news by writing "ENEWS" on vour connection envelope. Please include vour name and email address.

Heading out of town? Worship with us online, live at 9:30am each Sunday at www.facebook.com/BonitaSpringsChurch/ Or www.tinyurl.com/TheSpringsYouTube

Download The Springs App for access to our sermon series archives at http://get.theapp.co/118c

#### \*MINISTRY HOUSE/OFFICE\*

27061 Rue de Paix Bonita Springs, FL 34135

Pastor Russ Winn 239-293-3310

www.TheSpringsOfBonita.church









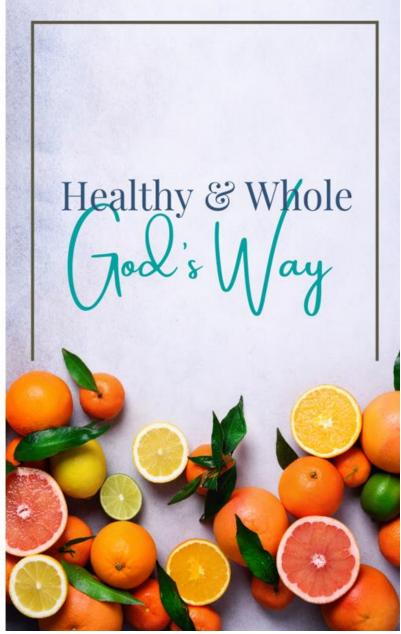
We believe that God is the giver of every good gift (James 1:17) and that He invites us to give back to Him in order to invest in His Kingdom.

Your tax-deductible contribution helps reach this community for Christ! Thank you for being the hands and feet of Jesus!

Please drop your offering into one of the buckets at a hospitality table.

Online giving is available at www.thespringsofbonita.church/giving OR Text "outdoor" to 1-888-364-4483 Mail in: PO Box 3279 Bonita Springs, FL 34133





## The Plans

When I am anxious When I am afraid I take it to God I call on His Name If the mover of mountains Is listening to me Why should I worry Why should I fear anything

<u>CH</u> For I know the plans He has for me Yes, I know the plans He has for me For my good to give me a hope and a future

When I am waiting for His promise to come Sometimes He's silent but I'm never alone He walks in the valley and He quiets the storm He stands in the fire so why should I fear anymore

CH For I know the plans He has for me
Yes, I know the plans He has for me
For my good to give me a hope and a future
For I know the plans He has for me
Yes, I know He's working everything
For my good to give me a hope and a future

All my life all I've seen
Your endless love surrounding me
With every breath I will be found by You
If I set sail or spread my wings
And find myself on the farthest sea
You're waiting there I will be found by You

### CH 2x

## Oceans (Where Feet May Fail)

You call me out upon the waters
The great unknown where feet may fail
And there I find You in the mystery
In oceans deep my faith will stand

And I will call upon Your Name
And keep my eyes above the waves
When oceans rise
My soul will rest in Your embrace
For I am Yours and You are mine

Your grace abounds in deepest waters Your sovereign hand will be my guide Where feet may fail and fear surrounds me You've never failed and You won't start now

So, I will call upon Your Name
And keep my eyes above the waves
When oceans rise
My soul will rest in Your embrace
For I am Yours and You are mine, oh

And You are mine, oh

Spirit lead me where my trust is without borders Let me walk upon the waters Wherever You would call me Take me deeper than my feet could ever wander And my faith will be made stronger In the presence of my Saviour x6

I will call upon Your Name Keep my eyes above the waves My soul will rest in Your embrace I am Yours and You are mine

## MAKING CHANGES Healthy & Whole God's Way Pastor Russ Winn June 2, 2024

	ily submit to every change God wants to make in my life and sk him to remove my
and pleas	ourselves as a living sacrifice to God, dedicated to His service ing to Him. And let God <u>transform</u> you inwardly by a change of your mind." Romans 12:1-2 (GN)
I.	WHERE DO OUR DEFECTS COME FROM?
	A. My Genetics explain predisposition but they don't excuse sin.
	B. My Character defects are often attempts to fill unmet needs.
	C. My Character defects are often positive qualities being misused
II.	WHY IS IT SO HARD TO CHANGE?
	A. Because I had the
	B. Because I with them
	C. Because they have a
	D. Because discourages me.
III.	HOW DO YOU DO IT?
"hut h	e transformed by the renewing of your mind." Romans 12:2 (NKT)

1.	Focus On Changing		At A Time
"An in direction	telligent person aims at wise ons."		off in <i>many</i> verbs 17:24 (GN)
2.	Focus On Victory		At A Time
"Give	us this day our daily bread."	Mat	thew 6:11 (NKJ)
"Don't	worry about tomorrow. Ea		es of its own." tthew 6:34 (NIV)
3.	Focus On	, I	Not Willpower
	leopard take away his spots art being good."		sed to being evil miah 13:23 (LB)
"I can	master anything with the hel		strength." ippians 4:13 (JB)
"Humb	ole yourselves before the Lo	rd and He will lift you up	." James 4:10
4.	Focus On What I	, Not On What I	
	our thoughts on what is true e pure. Think about all that		
5.	Focus On	Good, Not	Good
"If you indulge	i're guided by the Spirit, you ence."		lding to self- alatians 5:16 (JB)
	Focus On		
"As irc	on sharpens iron so people ca	an improve each other."	Proverbs 27:17
7.	Focus Onwho began the good work wi	, Not On	
"God v	vho began the good work wi	thin you will keep right o	n helping you
OTOW 11	a mis orace lintii mis fask wa	in vou is tinally tinished	Entitionians 17