

## SOUL FUEL | WEEK 3

Date: October 15, 2023

Verses: 1 Thessalonians 3



### SERIES INSIGHT

How do you consider eternity? In what ways does it shape how you live your life today? What if I told you that how you navigate the ebbs and flows of life truly reflects the fuels of your life? In the series **Soul Fuel** we're looking at three fuels: the fuel of faith (our past; our meaning), the fuel of hope (our future; our destiny), and the fuel of love (our present; our connections) and how they impact our lives with eternity in mind.

### ICEBREAKER

- What is your favorite memory with your best friend? (Your best friend can be an animal!)
- If you could live in one fictional universe, which one would you choose?

### DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. How's your Soul? Share how Faith, Hope, Love has been flowing in your Soul this week. Has it been a positive flow, or a negative flow?
3. The Thessalonian Church encountered distress, afflictions, persecution, troubles. These battles were both internal (Soul) and external (Physical). What battles are you encountering? Think about the mental, emotional, and often "heart-felt" struggles. Share with one another.
4. How does the phrase "Stand Firm" sit with you today?

Read Ephesians 6:10-18. Note how Faith, Hope, Love is woven into it.

5. We need Soul Fuel to be battle ready, and be just like the Thessalonians (1 Thessalonians 3:5-8) Are you aware of "The Battle" that is going on in and around you?

### PRAYER

Allow people to share requests and celebrate any praise reports as well. Consider having someone write down the requests to share with the group. Take time to pray however long your group needs.



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