

## WEEK 7 | ONE PURPOSE

Date: June 8, 2025

Verses: Philippians 4:4-9



### SERIES INSIGHT

In this new series, **One Purpose**, we are looking at the Book of Philippians and what drives why we do what we do. Why are we here? What makes us come alive? Fuels you? Inspires you? What are you drawn or compelled by? In this series, we will discover the value of WHO our purpose is as it shapes the purpose of our WHY.

### ICEBREAKER

- If you won a million dollars, what would you do with it first? (*P.S. If someone is super wise and says invest it, ask them how they'd consider "treating" themselves too - haha!*)
- If you could have your own TV show, what would it be about?

### DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. What does it look like to rejoice in the Lord during both good times and difficult times?
3. Share a recent situation where choosing joy made a difference. How can we practice joy daily, even when our circumstances don't seem joyful?
4. What are some common sources of anxiety in your life, and how does prayer help redirect your focus?
  - **Life Application:** Commit this week to bringing one specific worry to God in prayer with thanksgiving. Share next time how that impacted your peace and perspective.
5. How do the things you regularly watch, read, or listen to shape your thoughts and outlook?
  - **Life Application:** Identify one negative influence you can limit or replace this week with something that aligns with Philippians 4:8.
6. Paul encourages believers not only to learn but also to *practice* what they've seen and heard. What's one biblical truth you've heard recently that you haven't yet lived out?
  - **Life Application:** Set a personal goal this week to act on a specific teaching or encouragement from Scripture, and ask someone in the group to keep you accountable.

### PRAYER

Share requests and celebrate praise reports. Take time for your group to pray for however long is needed.

### PRAYER FOR THE YEAR

King Jesus,

We pray for an outpouring for the presence of God in: our heart, our home, our church, our city.

That may result in an awakening that leads to transformation of: our heart, our home, our church, our city.



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