WEEK 5 | ONE HEART

Date: April 6, 2025 Verses: Ruth 1-4



SERIES INSIGHT

In this new series, *One Heart*, we are looking at the Book of Ruth and the rhythms and the challenges of the heart. About seasons of promise and let down, worry and grief, uncertainty and commitment, blessing and encouragement.

ICEBREAKER

- What's the weirdest food you've ever tried?
- What's a cause or purpose you deeply believe in? Why?

DISCUSSION QUESTIONS

- 1. **Review the Message**. Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
- 2. Have you ever experienced a time when God led you to a place or person that changed your life? How can you trust His guidance in uncertain situations?
- 3. How do we see God's hand guiding Ruth's life toward redemption (Ruth 2:3, 4:13-17)?
- 4. What qualities did Boaz display as a kinsman-redeemer (Ruth 3:9-11, 4:9-10)? How does this foreshadow Jesus as our Redeemer?
- 5. Ruth was a Moabite, an outsider, yet God redeemed her and included her in His plan (Ruth 4:13-17, Matthew 1:5). What does this teach us about God's heart for redemption beyond our backgrounds?
- 6. Ruth took a bold step in approaching Boaz (Ruth 3:6-9). Is there an area in your life where God is calling you to step out in faith? How can you surrender your fears and trust His provision?
- 7. Are there past mistakes or circumstances making you feel unworthy of God's love? How does Ruth's story encourage you to embrace God's redeeming grace?
- 8. How did Naomi's sorrow turn to joy through God's redemption in Ruth's life (Ruth 4:14-17)?
- 9. How has God turned hardships in your life into blessings? How can you encourage someone else to trust in God's redemptive work?

PRAYER

Share requests and celebrate praise reports. Take time for your group to pray for however long is needed.

PRAYER FOR THE YEAR

King Jesus,

We pray for an outpouring for the presence of God in: our heart, our home, our church, our city. That may result in an awakening that leads to transformation of: our heart, our home, our church, our city.

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