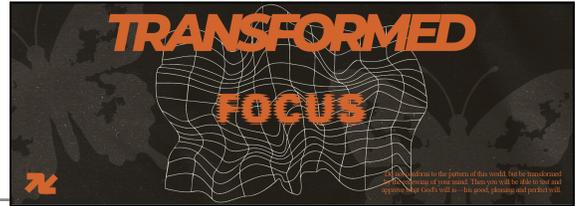


## WEEK 2 | TRANSFORMED

Date: January 18, 2026

Verses: Romans 12:2



### SERIES INSIGHT

We're kicking off the New Year with our new series: **Transformed!** This is a 12 week series walking through Romans chapter 12. Our heart and emphasis is to rise up to the challenge of being transformed in every sphere of our lives.

### ICEBREAKER

- What food do you think would represent each U.S. state? Pick one or two!
- What conspiracy theory do you low-key believe?

### DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. Where is your mind most shaped right now — by God's truth or by the patterns of your culture (media, success, comfort, image)? What evidence shows which one is winning?
  - a. **Life Application:** This week, identify one daily input (show, news feed, habit, conversation) that is shaping your thinking more than Scripture — and choose one practical way to replace or redeem it.
3. Romans 12:2 calls for renewing the mind, not just improving behavior. In what area of your life are you trying to manage symptoms instead of allowing God to transform your thinking at the root?
  - a. **Life Application:** Pray specifically for God to change the way you *think* about that area — not just the way you act.
4. Paul connects a renewed mind with clarity in knowing God's will. Where do you feel uncertain about God's direction right now — and how might your current focus be clouding your discernment?
5. Write down one decision you're facing. Ask: What would change if my focus were fully aligned with Christ? Then share with your group.
6. If someone observed your life for a month, what evidence would they see that your focus has been transformed by Christ rather than conformed to the world?
  - a. **Life Application:** Share one specific habit or mindset you want God to transform this month — and invite the group to pray and hold you accountable.

### PRAYER

Share requests and celebrate praise reports. Take time for your group to pray for however long is needed.



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