

## WEEK 11 | TRANSFORMED

Date: March 22, 2026

Verses: Romans 12:14-16



### SERIES INSIGHT

We're kicking off the New Year with our new series: **Transformed!** This is a 12 week series walking through Romans chapter 12. Our heart is to rise up to the challenge of being transformed in every sphere of our lives.

### ICEBREAKER

- If you could add anyone to Mount Rushmore who would it be and why?
- If you could be on any reality TV show past or present, which one would you choose?

### DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. Who is someone in your life right now that is difficult to love—or has hurt you—and what would it practically look like to bless them instead of just avoiding or tolerating them?
  - a. **Life Application:** This week, take one intentional step: pray for them by name daily, speak well of them, or do something kind for them (even if they never know). Transformation shows up in how we treat our enemies.
3. When someone else succeeds—especially in an area you desire—what is your honest internal reaction? What does that reveal about your heart?
  - a. **Life Application:** Celebrate someone out loud this week. Send a message, affirm them publicly, or thank God specifically for their success. Fight comparison with celebration.
4. Why do you think it's often uncomfortable to sit with someone in their pain, and how do you typically respond when others are grieving?
  - a. **Life Application:** Instead of trying to fix someone's pain, practice presence. Reach out to someone hurting and be available—listen, sit, and care without needing to have answers.
5. What attitudes or habits tend to create disunity in your relationships (family, church, work), and how can you actively pursue harmony?
  - a. **Life Application:** Choose humility over being right this week. Initiate peace in one strained relationship—through a conversation, apology, or extending grace first.
6. How does pride subtly show up in your life—in who you spend time with, how you view others, or how you see yourself?
  - a. **Life Application:** Intentionally engage someone you might normally overlook—socially, economically, or relationally. Sit with them, learn from them, value them. The gospel flattens every hierarchy.

Romans 12:14–16 is not about *nice behavior*—it's about a **transformed heart** that reflects Jesus in real relationships. **Which one of these will you actively live out this week and who will hold you accountable?**

### PRAYER

Share requests and celebrate praise reports. Take time for your group to pray for however long is needed.



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