

WEEK 1 | OVERFLOW

Date: June 16, 2024

Verses: Luke 6:45



SERIES INSIGHT

Out of the overflow of the heart, the mouth speaks. In our summer services **Overflow** we will hear from various speakers with unique messages about what is stirring in their hearts. The question for us this summer is this: what is the content of my heart and what's within it?

ICEBREAKER

- Would you rather spend a week vacation on the beach somewhere or the mountains? Where would you go?

DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. What is the overflow of your heart? What fires you up, is constant in stirring your heart, or always on your mind?
3. Read Psalm 84. All humans have cravings and desires within their hearts. These often sway our intentions, behaviors and attitudes. What are some of the cravings/desires in your heart that impact how you show up to life?
4. Everyone is in one of three seasons of life right now: you're either [1] in a storm, [2] coming out of a storm, or [3] there's one on the way. What season are you in?
5. What things fire up your soul in your walk with Jesus? Consider things like nature, art, good work, giving, etc
6. Though the church is God's house, we are all temples of the Holy Spirit. How do you cultivate a spirit of praise in your life? If this is an area that's hard for you, what is one way you can cultivate a consistent spirit of praise in your life this week?

PRAYER

Allow people to share requests and celebrate any praise reports as well. Consider having someone write down the requests to share with the group. Take time to pray however long your group needs.



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