PRAY 23 | WEEK 6

Date: February 19, 2022

Verses: Psalm 23



SERIES INSIGHT

Living "wide awake" is a posture of our lives. Kicking off the New Year, Pastor Des walks us through what it means to be wide awake as we lean into *Pray 23* - a series all about Psalm 23 and the posture, anthem, and emphasis for Grace in 2023! Are you ready to *Pray 23*?

ICEBREAKER

- Have you ever completed anything on your "bucket list"?
- If you could bring back any fashion trend what would it be?

DISCUSSION QUESTIONS

- 1. **Review the Message**. Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
- 2. Read our verse for the week: Psalm 23:6
- 3. Just like sheep, we have wounds. If we are not careful, these wounds lead to bitterness. And we know the old axiom that "Hurt people, hurt people". How do repeated wounds and disappointments lead to bitterness? How have you seen that played out in your life and sphere of influence?
- 4. What kinds of things have made you bitter? How do you deal with your personal bitterness?
- 5. Read Psalm 25:1-2 What does it mean to "trust" in The LORD? How do we do this, practically speaking?
- 6. Read Psalm 147:3. When have you experienced this verse in your life?
- 7. How full is your cup? Is your life a cup overflowing, empty, or in between? Share with the group where you're at and why you've assessed yourself that way.
- 8. What does it look like to live with overflowing, abounding Hope & Grace? Read Romans 15:13.

IT'S OKAY TO NOT BE OKAY. IT'S NOT OKAY TO STAY THAT WAY.

Friend, if you or someone in your group may need help navigating obstacles that hinder their spiritual, mental, and/or emotional development, please visit our Grace Counseling site at graceaz.com/counseling for more resources and next steps in getting help.

PRAYER

Allow people to share requests and celebrate any praise reports as well. Consider having someone write down the requests to share with the group. Take time to pray however long your group needs.

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Pray 23

SUNDAY

The Lord is my shepherd, I shall not be in want.

MONDAY

He makes me lie down in green pastures. He leads me beside still waters. He restores my soul.

TUESDAY

He leads me in paths of righteousness for his name's sake.

WEDNESDAY

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

THURSDAY

You prepare a table before me in the presence of my enemies.

FRIDAY •

You anoint my head with oil; my cup overflows.

SATURDAY

Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.