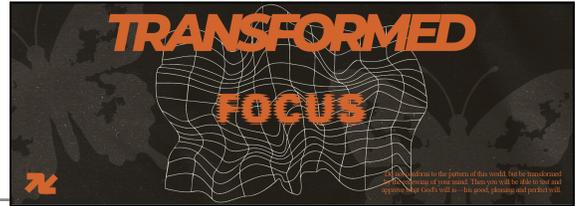


WEEK 5 | TRANSFORMED

Date: February 8, 2026

Verses: Romans 12:6-8



SERIES INSIGHT

We're kicking off the New Year with our new series: **Transformed!** This is a 12 week series walking through Romans chapter 12. Our heart is to rise up to the challenge of being transformed in every sphere of our lives.

ICEBREAKER

- If you had to eat one meal everyday for the rest of your life what would it be?
- You could instantly become an expert in something right now: what would it be?

DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. If spiritual gifts flow out of a *living sacrifice* and a *renewed mind*, what areas of your life still compete with God for control — and how might that limit how He uses you?
 - a. **Life Application:** This week, identify one area (time, comfort, reputation, control, fear) and intentionally surrender it to God. Ask: *"How might God use me more if this was fully surrendered?"*
3. Paul connects sober judgment and belonging to the Body before talking about gifts. Do you tend to: Compare yourself to others? Minimize your gift? Or overestimate your role? How does a *transformed identity* change how you see your role in the Body?
 - a. **Life Application:** This week, verbally affirm someone else's spiritual strength or contribution. Practice celebrating the Body, not competing with it.
4. Paul says gifts are given "according to the grace given to us." Do you see your abilities and spiritual influence as: Something you achieved Or something entrusted to you? How would your daily life change if you saw your gift as stewardship, not ownership?
 - a. **Life Application:** Ask daily this week: *"God, where do You want me to use what You've given me today?"* Then act on the first clear opportunity to serve, encourage, give, lead, or show mercy.
5. Paul emphasizes *how* gifts are used: **Serving** → serve // **Teaching** → teach // **Giving** → generously // **Leading** → diligently // **Mercy** → cheerfully Where are you currently "coasting" instead of engaging wholeheartedly?
 - a. **Life Application:** Choose ONE action this week: Serve where no one sees // Give when it stretches you // Lead when it's uncomfortable // Show mercy when it's inconvenient // Encourage someone intentionally

PRAYER

Share requests and celebrate praise reports. Take time for your group to pray for however long is needed.



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