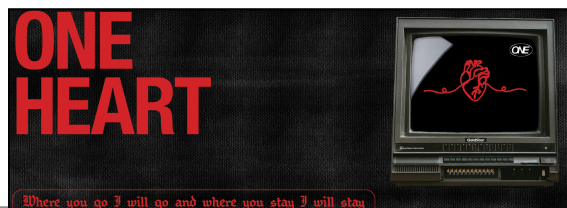


WEEK 3 | ONE HEART

Date: March 23, 2025

Verses: Ruth 3



SERIES INSIGHT

In this new series, **One Heart**, we are looking at the Book of Ruth and the rhythms and the challenges of the heart. About seasons of promise and let down, worry and grief, uncertainty and commitment, blessing and encouragement.

ICEBREAKER

- If you could only eat one food or meal everyday for the rest of your life, what would you choose?
- What's a skill you have that you're proud of?

DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. Share a time when you had to trust God's plan even when it felt uncertain. How did it turn out?
3. In Ruth 3:5-6, Ruth fully trusts Naomi's guidance and follows her instructions. How do you typically respond when God (or wise mentors) ask us to step out in faith?
4. Boaz responds to Ruth's request with honor and integrity (Ruth 3:10-13). How does this reflect God's character?
5. In what ways can we uphold integrity and honor in our own relationships—whether in friendships, dating, or marriage?
6. Ruth and Naomi had to wait to see if Boaz would redeem her (Ruth 3:18). How do we handle waiting on God's plan in our own lives?
7. What is something you're waiting on God for right now? How can you trust Him in the waiting?
8. Boaz was willing to redeem Ruth, but another relative had the first right (Ruth 3:12-13). How does this foreshadow Jesus as our ultimate Redeemer?
9. How does knowing Christ as our Redeemer change how we see our worth and purpose in life?

PRAYER

Share requests and celebrate praise reports. Take time for your group to pray for however long is needed.

PRAYER FOR THE YEAR

King Jesus,

We pray for an outpouring for the presence of God in: our heart, our home, our church, our city.

That may result in an awakening that leads to transformation of: our heart, our home, our church, our city.



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