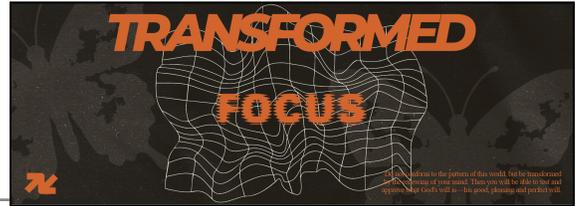


## WEEK 6 | TRANSFORMED

Date: February 22, 2026

Verses: Romans 12:1-5



### SERIES INSIGHT

We're kicking off the New Year with our new series: **Transformed!** This is a 12 week series walking through Romans chapter 12. Our heart is to rise up to the challenge of being transformed in every sphere of our lives.

### ICEBREAKER

- If you were famous, what do you think it would be for?
- If you wanted to get abducted by aliens, how would you convince them to take you to their planet?

### DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. Looking back over this series so far, where have you truly "presented your body as a living sacrifice" — and where are you still negotiating with God? What practical change has actually happened? What area of comfort, control, or habit is still on the altar but crawling off?
  - a. **Mid-Point Challenge:** If transformation hasn't cost you something yet, has surrender really happened?
3. What lie, mindset, or pattern of thinking has God been confronting in you during this series? Where have you noticed conformity to culture? What thought pattern still needs renewal?
  - a. **Mid-Point Challenge:** Are you reacting differently than you would have 2 months ago? If not, why?
4. Has this series exposed any pride, comparison, or self-protection in you? Are you thinking too highly of yourself... or too low? What would sober judgment look like in your leadership, marriage, friendships, or ministry?
  - a. **Mid-Point Challenge:** Where is humility becoming strength instead of weakness?
5. Are you functioning like a committed member of the Body — or an independent consumer? Where are you fully engaged? Where are you holding back your gift, time, or presence?
  - a. **Mid-Point Challenge:** If everyone in the church lived like you have during this series, what would the church look like?

### PRAYER

Share requests and celebrate praise reports. Take time for your group to pray for however long is needed.



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