

SOUL FUEL | WEEK 6

Date: November 5, 2023

Verses: 1 Thessalonians 5



SERIES INSIGHT

How do you consider eternity? In what ways does it shape how you live your life today? What if I told you that how you navigate the ebbs and flows of life truly reflects the fuels of your life? In the series **Soul Fuel** we're looking at three fuels: the fuel of faith (our past; our meaning), the fuel of hope (our future; our destiny), and the fuel of love (our present; our connections) and how they impact our lives with eternity in mind.

ICEBREAKER

- Would you rather live where it only snows or the temperature never falls below 100 degrees?
- Would you rather eat a candy cane that tastes like turkey, or a turkey that tastes like candy cane?

DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. Encouragement means "the act of giving someone support, confidence, or hope". It means "to put courage in". In what ways do you RECEIVE courage best? How do you like to GIVE courage?
3. Share about a time when it was difficult for you to receive hope and encouragement. What was that like for you?
 - **Leader Note:** *As participants answer, help highlight the opposite spirit of "hope" and "courage" which are often roots of fear, shame, guilt, bitterness, etc. Lean into what these spirits offer compared to hope. You may want to tie in what Des shared last week "Some of you are more sure about what you're **afraid of** than what it is you **hope for**."*
4. Read 1 Thessalonians 4:13-18 then take a minute to ponder what you just read. What does eternity mean to you? How might Paul's words here encourage us today?
5. Where do you feel a sense of hopelessness today? What feels heavy and burdensome this week? Where do you need some encouragement? – Take some extended time to pray for each person by name over these things.

PRAYER

Allow people to share requests and celebrate any praise reports as well. Consider having someone write down the requests to share with the group. Take time to pray however long your group needs.



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