

## PRAY 23 | WEEK 4

Date: February 5, 2022

Verses: Psalm 23



### SERIES INSIGHT

Living “wide awake” is a posture of our lives. Kicking off the New Year, Pastor Des walks us through what it means to be wide awake as we lean into **Pray 23** - a series all about Psalm 23 and the posture, anthem, and emphasis for Grace in 2023! Are you ready to **Pray 23**?

### ICEBREAKER

- Would you rather have the ability to see 10 minutes into the future or 150 years into the future?
- Suppose that every time you went shopping, you instinctively had to buy 5 things you didn't need. What items do you think you would buy?

### DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. Read Psalm 23:4. How does this verse make you feel? What memories does it bring up?
3. Where would you locate your life right now? In the dark valley? On the steep climb up the mountain? On the mountain top? On the way down towards the next valley?
4. “I will fear no evil”. Considering this question, what kind of situations tend to make you most fearful?
5. How have you “looked to the shepherd” in times of fear, pain, struggle?
6. How does the Psalmist in Psalm 53:3-4 deal with his own fears? How can you follow his example?
7. “Your rod & your staff they comfort me.” Share a time when the shepherd has been your guide, your course corrector, your protector.
8. Do you need the shepherd to use his rod & staff? Have a time of prayer for each other with this in mind.

### PRAYER

Allow people to share requests and celebrate any praise reports as well. Consider having someone write down the requests to share with the group. Take time to pray however long your group needs.

### RESOURCE

Attached is the **Psalm 23 Posture Card** that Des introduced this weekend as well for your reference.



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COMMUNITY CHURCH

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## **Pray 23**

## **Psalm 23**

### **SUNDAY**

The Lord is my shepherd, I shall not be in want.

### **MONDAY**

He makes me lie down in green pastures. He leads me beside still waters. He restores my soul.

### **TUESDAY**

He leads me in paths of righteousness for his name's sake.

### **WEDNESDAY**

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

### **THURSDAY**

You prepare a table before me in the presence of my enemies.

### **FRIDAY**

You anoint my head with oil; my cup overflows.

### **SATURDAY**

Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.