

SOUL FUEL | WEEK 1

Date: October 1, 2023

Verses: 1 Thessalonians 1



SERIES INSIGHT

How do you consider eternity? In what ways does it shape how you live your life today? What if I told you that how you navigate the ebbs and flows of life truly reflects the fuels of your life? In the series **Soul Fuel** we're looking at three fuels: the fuel of faith (our past; our meaning), the fuel of hope (our future; our destiny), and the fuel of love (our present; our connections) and how they impact our lives with eternity in mind.

ICEBREAKER

- What has been the best day of your life so far?
- What is your current desktop or cell phone wallpaper? Why did you choose that image?

DISCUSSION QUESTIONS

1. **Review the Message.** Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
2. Share about a time when someone encouraged you or inspired you to live differently. How so?
3. Two part question:
 - 1.) What are some ways that we fuel our lives?
 - 2.) What kinds of problems could arise if we only ever fuel up and seldom use what we are fueling up?
4. What are some ways you like to "refuel" when your fuel levels are low? Consider sharing at least about these specific arenas: physically, mentally, emotionally, spiritually, relationally.
5. Our lives are shaped from eternity (see Ecclesiastes 3:11). When you think about eternity (for Believers, we believe that is life with Jesus in heaven beyond these earthly days), what does that really look like here and now? In other words, does how you live today have eternity in mind?

Leader Note: *The aim is not to get into debate about end of days theology (ie. premillennialism, post tribulation, etc.) Consider guiding convos around how our actions, decisions, mindsets, and lifestyles here today impacts what we think and believe about who God is and what we think of eternity with him.*

6. Take a minute to think about your life right now. If you were to gauge the "fuel" level of your life right now from 0% (empty) to 100% (full), what percentage are you running on right now? How might we walk with you over these next few weeks?

PRAYER

Allow people to share requests and celebrate any praise reports as well. Consider having someone write down the requests to share with the group. Take time to pray however long your group needs.



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