WEEK 5 | ONE HEART

Date: April 13, 2025

Verses: Colossians 1:13-14



SERIES INSIGHT

In this new series, *One Heart*, we are looking at the Book of Ruth and the rhythms and the challenges of the heart. About seasons of promise and let down, worry and grief, uncertainty and commitment, blessing and encouragement.

ICEBREAKER

- Would you rather walk on a bed of nails or run through a room full of fire?
- What's the top thing on your bucketlist?

DISCUSSION QUESTIONS

- 1. **Review the Message**. Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
- 2. What does it mean to be "rescued from the dominion of darkness," and how have you experienced that in your own life?
- 3. Reflect on areas of life where God has brought you out of confusion, sin, or despair. Where might you still need to trust Him to bring light?
- 4. How does knowing you've been "brought into the kingdom of the Son" shape your identity and daily choices?
- 5. In what ways can you live more intentionally as someone who belongs to God's kingdom—at work, at home, or in your community?
- 6. What does "redemption" mean to you personally, and how do you stay mindful of the price Jesus paid for it?
- 7. What are some practical ways you can remind yourself daily of God's grace and walk in gratitude?
- 8. How does understanding God's forgiveness affect the way you forgive others and yourself?
- 9. Is there someone you need to forgive—or something you need to release yourself from—in light of the forgiveness you've received?

PRAYER

Share requests and celebrate praise reports. Take time for your group to pray for however long is needed.

PRAYER FOR THE YEAR

King Jesus,

We pray for an outpouring for the presence of God in: our heart, our home, our church, our city. That may result in an awakening that leads to transformation of: our heart, our home, our church, our city.



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