PRAY 23 | WEEK 1

Date: January 15th, 2022

Verses: Psalm 23



SERIES INSIGHT

Living "wide awake" is a posture of our lives. Kicking off the New Year, Pastor Des walks us through what it means to be wide awake as we lean into *Pray 23* - a series all about Psalm 23 and the posture, anthem, and emphasis for Grace in 2023! Are you ready to *Pray 23*?

ICEBREAKER

- What's a weird fact you happen to know?
- What band would you be embarrassed to admit you listen to?

DISCUSSION QUESTIONS

- 1. **Review the Message**. Looking back at your notes and upon reflecting on this weekend's message, what was your one takeaway from Sunday?
- 2. What memories does Psalm 23 conjure up for you? What pictures leap to mind?
- 3. What is it about us that causes us to desire life our own way, living in self-reliance?
- 4. "My Shepherd". When have you experienced the presence of The Shepherd in your life? In what ways?
- 5. Is there a specific part of your life right now that you need to live WIDE AWAKE in?
- 6. Des talked about the "Prison of Want" What things in life are most likely to send you to this prison?
- 7. Des shared "What I have in God is greater than what I don't have in life". Quick fire three things: What do you have in God?
- 8. How can you encourage on a another this year by living WIDE AWAKE, implementing the 7 day PRAY PSALM 23?

PRAYER

Allow people to share requests and celebrate any praise reports as well. Consider having someone write down the requests to share with the group. Take time to pray however long your group needs.

RESOURCE

Attached is the Psalm 23 Posture Card that Des introduced this weekend as well for your reference.

SUNDAY

The Lord is my shepherd, I shall not be in want.

MONDAY

He makes me lie down in green pastures. He leads me beside still waters. He restores my soul.

TUESDAY

He leads me in paths of righteousness for his name's sake.

WEDNESDAY

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

THURSDAY

You prepare a table before me in the presence of my enemies.

FRIDAY

You anoint my head with oil; my cup overflows.

SATURDAY

Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.