





Restart: Commitment  
Ephesians 2:1-10  
High School & Young Adult Director  
Nathaniel Serrato

**Prayer Requests:**

**Group Discussion:** How has life been better since Jesus came into your life? In what areas of your life have you been drifting from God?

**Read out loud: Ephesians 2:1-10**

God has breathed the breath of abundant life into your weary soul. What are you going to do with that? How is anyone supposed to see God's light shine through you if you still act like you're dead? What are you going to do or what can you do, starting right now, to embrace the life that God has given you?

By grace we are saved through faith, not as a result of works, so that no one may boast. How does this make you feel in comparison to the times where people have made you believe you need to first earn God's love? How does this change the way you feel about God's love for you?

We are His workmanship, created for good works. What does this mean to you? Can you think of a time in your past where you've seen God through someone's good works? Has doing good works been a priority in your life? How can the act of doing good accomplish our mission as Christians?

God uses the dead to bring life to this world. This is exciting, God can actually use us despite our weaknesses and shortcomings. How can God use you to reach those around you?

**Family Time:** Simple. Pray as a family before each meal. Pray each night as a family and invite each member to pray for one particular thing. A family that genuinely prays together, stays together.