

Sunday, Sep 13

notes

Rest -- anapauō -- quietness, refresh.

²⁹Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For My yoke is easy and My burden is light."

notes

Yoke - A wooden bar or frame used to join a pair of draft animals for a singular task.
Yoke -- a system of interpretations passed down from a Rabbi.

Learn-- manthanō
Disciple-- mathētēs

Religion: Prove you are worthy of Jesus' grace.
Jesus: "Truly I say to you, unless you are converted and become like children you will not enter the kingdom of heaven." (Matthew 18:3)

Religion: Work to earn God's approval.
Jesus: "Come to Me, all who are weary and heavy-laden, and I will give you rest." (v.28)

Religion: Make sure you follow all the rules.
Jesus: "For my yoke is easy and My burden is light." (v.30)

Religion: You can achieve righteousness on your own merit.
Jesus: "For I say to you that unless your righteousness surpasses that of the scribes and Pharisees, you will not enter the kingdom of heaven." Matthew 5:20

Moving closer to Jesus one step at a time:

Renounce yourself.

Repent of your sin.

Receive God's grace.

Rest in Jesus.

Re-educate under Jesus, our Rabbi.

GROUP DISCUSSION

Does the Bible Actually Say?

GateWay Church of Visalia, Pastor Lance Ainsworth

Matthew 11:20-30, September 10th & 13th, 2026

Grace is free, but.

Prayer Requests:

Group Discussion: If you had to give a 10-minute presentation with no preparation, what topic could you talk about?

Read Aloud: Matthew 11:20-30

1. Why do you think Jesus was so strongly critical of Chorazin, Bethsaida, and Capernaum even though they had witnessed His miracles? What does biblical repentance actually involve? How is it different from simply feeling bad about sin? Why can it be possible to be around Jesus, the church, and Christian teaching without actually turning to Jesus?
2. What do you think Jesus means by saying God has revealed these things to “infants”? What is the difference between being intellectually capable of understanding Christianity and recognizing that we are completely dependent on Jesus?
3. What do you think Jesus means when He says, “Come to Me”? Why is it significant that He doesn't simply say, “Come to Christianity” or “Try harder”? What does it look like practically to “rest” in Jesus?
4. What would it look like this week to “learn from Jesus” rather than simply try harder for Jesus? What is one practical step you can take this week to come to Jesus, rest in Him, and learn from Him?