



Pastor Lance Ainsworth
1 Kings 19:1-18

MESSAGE NOTES

Thursday, April 18
Sunday, April 21

Introduction:

1 Kings 19:1-18 ESV

¹⁹Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with sword. ²Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me and more also, if I do not make your life as the life of one of them by this time tomorrow." ³Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there. ⁴But he himself went a day's journey into the wilderness and came and sat down under a broom tree. And he asked that he might die saying, "It is enough; now, O Lord, take away my life, for I am no better than my fathers."

I'm turning in my resignation. - Elijah

⁵And he lay down and slept under a broom tree. And behold, an angel touched him and said to him, "Arise and eat." ⁶And he looked, and behold, there was at his head a cake baked on hot stones and a jar of water. And he ate and drank and lay down again. ⁷And the angel of the Lord came again a second time and touched him and said, "Arise and eat, for the journey is too great for you." ⁸And he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horev, the mount of God. (Mt. Sinai)

There is no such thing as intimacy without intentionality.

⁹There he came to a cave and lodged in it. And behold, the word of the Lord came to him, and he said to him, "What are you doing here, Elijah?" ¹⁰He said, "I have been very jealous for the Lord, the God of hosts. For the people of Israel have forsaken your covenant, thrown down your altars, and killed your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away."

I have done all I can. - Elijah

notes

Lined area for taking notes.

GROUP DISCUSSION

Habits

1 Kings 19:1-18 Pastor Lance Ainsworth

April 18th & 21st, 2024

Slowing Down

Prayer Requests:

Group Discussion: Where is your favorite place to enjoy the outdoors?

Read Aloud: 1 Kings 19:1-18

1. v.4 "It is enough; now, O Lord, take away my life, for I am no better than my fathers." Have you ever felt your toil was in vain? Have you felt like giving up on a task God has called you to? Is having a desire to quit bad?
2. v.8 "And he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mount of God" (Mt. Sinai). Elijah heads to where Moses met with God; he intentionally makes space to hear from God. Do you have a place or specific time you regularly meet with God? Can you tell a difference in your life when you neglected that time?
3. v.10 "I have been very jealous for the Lord, the God of hosts. For the people of Israel have forsaken your covenant, thrown down your altars, and killed your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away." Elijah thinks he is the only one who cares about the state of Israel, have you ever felt that way? Can unhealthy zeal/passion lead to self-righteousness?
4. v.12 "And after the earthquake a fire, but the Lord was not in the fire. And after the fire the sound of a low whisper." God gets Elijah's attention through a low whisper, a calmness. How can we find spaces of calmness in our lives? What does hitting the pause button look like for you? How can your connect group support you in finding solitude in your life?