



## Group Discussion Questions

### Profound: The Achievements of Jesus February 8 & 11, 2018

**Group Discussion: Do you tend to be a driver and plough through or do you tend to back off and just accept it? Can you think of a specific incident of disappointment?**

Read aloud: John 11:1-46

Which character would you identify with, Mary or Martha? Or does it just depend on the circumstances? Different people handle grief in different ways. Some people go to a comforting place, others go to comforting people, still others go to comforting food. Are there other options of comfort? What do you tend to do?

The cure to being caustic when disappointed is to focus on the power of Christ in your life. When have you seen Christ make a powerful difference in your attitude toward your circumstances? How do you call on the power of Christ in your life, through prayer, through reciting or reading scripture or through counsel with another believer?

The cure to being depressed when disappointed is to remember that our ultimate goal as followers of Jesus is to glorify God. How do you do that? What does it mean to glorify God? In vs. 4 Jesus says that God and the Son of God will be glorified by Lazarus being raised from the dead. Once Lazarus was raised from the dead what kind of conversations did he have with people in his family, community? Do you think people asked him, "Did you see a light, or go toward the light???"

When you're depressed how can the goal of committing your life to glorifying God have a positive impact on your depression?

The last application is when you're disappointed the cure to defensiveness is remembering you're an important member of God's family. Do you ever take time to thank God for the privilege of being a part of His family? Have you taken time to be thankful that you get to serve, give, pray for, encourage, show mercy and empathy to others in His family? Do you feel connected to others in His family? How do healthy family members support each other?

**Family Time: Read the story of Lazarus and talk about how Mary stayed home, and Martha went to see Jesus. Both of them had their disappointment cured by Jesus. How does Jesus help us with our disappointments?**