

FREQUENCY

FINDING GOD'S VOICE IN THE NOISE

Pastor Lance Ainsworth

John 13:3-15, 34-35

MESSAGE NOTES

Thursday, Jan 15

Sunday, Jan 18

Introduction:

notes

* =translated from the Greek historical present tense to the past tens for easier reading.

John 13:3-15, 34-35 NASB

³Jesus, knowing that the Father had given all things into His hands, and that He had come forth from God and was going back to God, ⁴got up from supper, and laid aside His garments; and taking a towel, He girded Himself. ⁵Then He poured water into the basin, and began to wash the disciples' feet and to wipe them with the towel with which He was girded.

Jesus initiates service.

⁶So He came to Simon Peter. He said to Him, " Lord, do You wash my feet?" ⁷Jesus answered and said to him, "What I do you do not realize now, but you will understand hereafter." ⁸Peter said to Him, "Never shall You wash my feet!"

"Good old Peter. Sometimes the only time he opened his mouth was to change feet!" Kent Hughes

The God of the universe is performing the task of a servant.

Jesus answered him, "If I do not wash you, you have no part with Me." ⁹Simon Peter said to Him, "Lord, then was not only my feet, but also my hands and my head." ¹⁰Jesus said to him, "He who has bathed needs only to wash his feet, but is completely clean; and you are clean, but not all of you." ¹¹For He knew the one who was betraying Him; for this reason He said, "Not all of you are clean."

Foot washing reminds us that while salvation cleanses once, love keeps washing feet along the way.

notes

¹²So when He had washed their feet, and taken His garments and reclined at the table again, He said to them, "Do you know what I have done to you? ¹³You call Me Teacher and Lord; and you are right, for so I am. ¹⁴If I then, the Lord and the Teacher, washed your feet, you also ought to wash one another's feet. ¹⁵For I gave you an example that you also should do as I did to you.

Example – *hypódeigma* – a pattern or template.

v.14-33 Judas betrayal.

John 13:34-35 NASB

³⁴A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another. ³⁵By this all men will know that you are My disciples, if you have love for one another."

Big Ideas from the Basin

Serving others requires proximity/relationship. (*Jesus got up, laid aside, took, girded, poured, washed, and wiped.*)

Serving others requires humility. (*If I then, the Lord and the Teacher, washed your feet, you also ought to wash one another's feet.*)

Serving others is a sacrifice motivated by love. (*Love one another, even as I have loved you.*)

Serving others says, you matter.

GROUP DISCUSSION

Frequency: Finding God's Voice in the Noise
GateWay Church of Visalia, Pastor Lance Ainsworth
John 13:3-15, 34-35
January 15th & 18th , 2026
Big Ideas from the Basin.

Prayer Requests:

Group Discussion: How are new years resolutions coming along?

Read Aloud: John 13:3-15, 34-35

1. Serving others requires proximity/relationship. (*Jesus got up, laid aside, took, girded, poured, washed, and wiped.*) What keeps us from getting close to people?
2. Serving others requires humility. (*If I then, the Lord and the Teacher, washed your feet, you also ought to wash one another's feet.*) The Kingdom of God seems upside down: the King is the greatest servant. How is this different from the world's system?
3. Serving others is a sacrifice motivated by love. (*Love one another, even as I have loved you.*) What gifts, talents, experiences, and resources has God given you to show love to others?
4. Serving others says, you matter. When has God spoken to you in the past through somebody serving you? Why is that so memorable?