



Understand the **process** of temptation.

*notes*

1. Temptation -- "But each one is tempted."

2. Fantasy -- "Enticed by his own lust"  
Matthew 6:22-23

3. Moving toward sin -- "Carried away"  
2 Timothy 2:22

4. Act of Sin -- "When lust has conceived, it gives birth to sin."  
Proverbs 24:16

5. Death-- "When sin is accomplished, it brings forth death."  
Proverbs 14:12

**Follow** Jesus to avoid temptation. - "Do not be deceived...every perfect gift is from above."

Avoid harmful influences.

Counter temptation with God's Word.

Develop healthy relationships.

Fall in love with Jesus.

"In the exercise of His will He brought us forth by the word of truth, so that we would be a kind of first fruits among His creatures."

It's difficult to plan evil while praying for God to lead you away from it.

Matthew 6:13 NASB  
13"...For Yours is the kingdom and the power and the glory forever. Amen."

**Walk it out:**

When are you most tempted?

What steps can you take to avoid temptation?

Where have you romanticized temptation?

What passages of scripture can you turn to in times of temptation?

Who knows your secrets and keeps you accountable?

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## GROUP DISCUSSION

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Matthew 6:13, Pastor Lance Ainsworth  
September 21st & 24th , 2023  
The Power of Prayer

### Prayer Requests:

**Group Discussion:** If you could be the best in the world at something, what would it be?

Read aloud: Matthew 6:13, James 1:13-18

1. Hebrews 4:15-16 “ 15 For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin. <sup>16</sup>Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.” What is the difference between mercy and grace? How do mercy and grace relate to Jesus sympathizing with our temptations?
2. v.13 “And do not lead us into temptation...” Do you consider yourself a follower of Jesus? What does that mean to you? When you hear the term leader, who or what do you think of? Does that relate to how Jesus wants to lead us? How does satan feel about followers of Jesus?
3. Do you think proximity to temptation influences our ability to resist it? Can we fully avoid temptation? What is the difference between a temptation and a trial? 1 Corinthians 10:13  
13 No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.
4. Has there been a time in your life when God provided a way of escape from temptation? Did you take the opportunity or not? Why do we sometimes have a “want-to” problem with temptation?