

BIBLICAL DISCIPLESHIP: TEACHING AND ADMONISHING ONE ANOTHER

"We proclaim Him, **admonishing** every man and **teaching** every man with all wisdom, so that we may present every man complete in Christ. For this purpose also I labor, striving according to His power, which mightily works within me."

—Colossians 1:28, 29

"Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God."

—Colossians 3:16

SIX FOUNDATIONAL PRINCIPLES THAT GOVERN & GUIDE OUR APPROACH TO COUNSELING & FOUR COMPONENTS IN THE TRANSFORMATION PROCESS:

FOUR COMPONENTS IN THE TRANSFORMATION PROCESS:

1. SUBMISSION TO JESUS AS LORD.
2. SUBMISSION TO HIS WORD AS LIFE-CHANGING.
3. SUBMISSION TO HIS SPIRIT AS LIFE-GIVING.
4. SUBMISSION TO HIS FAMILY AS LIFE-SHAPING.



SIX FOUNDATIONAL PRINCIPLES THAT GOVERN & GUIDE US:

1. A personal, redemptive relationship with the Lord Jesus Christ provides the means and capability for genuine change.

"For the love of Christ controls us, having concluded this, that one died for all, therefore all died; and He died for all, so that they who live might no longer live for themselves, but for Him who died and rose again on their behalf. Therefore from now on we recognize no one according to the flesh; even though we have known Christ according to the flesh, yet now we know Him in this way no longer. Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come."

—2 Corinthians 5:14-17

2. God's primary goal in counseling is reconciliation - i.e., man to God, man to self, man to man.

Now all these things are from God, who reconciled us to Himself through Christ and gave us the ministry of reconciliation, namely, that God was in Christ reconciling the world to Himself, not counting their trespasses against them, and He has committed to us the word of reconciliation. Therefore, we are ambassadors for Christ, as though God were making an appeal through us; we beg you on behalf of Christ, be reconciled to God. He made Him who knew no sin to be sin on our behalf, so that we might become the righteousness of God in Him."

—2 Corinthians 5:18-21

3. Scripture is sufficient for counseling in that it provides the model, definition, and applications for life and relationships.

"How blessed is the man who does not walk in the counsel of the wicked, nor stand in the path of sinners, nor sit in the seat of scoffers! But his delight is in the law of the LORD, and in His law he meditates day and night."

—Psalm 1:1, 2

"All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; so that the man of God may be adequate, equipped for every good work."

—2 Timothy 3:16-17

"Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord; seeing that His divine power has granted to us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence. For by these He has granted to us His precious and magnificent promises, so that by them you may become partakers of the divine nature, having escaped the corruption that is in the world by lust."

—2 Peter 1:2

4. We live in a sin—dominated world. Sinful decisions we make affect our lives and often affect the lives of others; decisions others make affect our lives. God's grace makes new decisions and consequences possible. New, biblical decisions can change, compensate for, or resolve the distress caused by sinful decisions.

"And Jesus said, 'I do not condemn you, either. Go. From now on sin no more.'"

—John 8:11

"Your boasting is not good. Do you not know that a little leaven leavens the whole lump of dough?"

—1 Corinthians 5:6

"Such were some of you; but you were washed, but you were sanctified, but you were justified in the name of the Lord Jesus Christ and in the Spirit of our God."

—1 Corinthians 6:11

5. Emotional and behavioral patterns can be clues to expose unbiblical thinking, values, and basic life beliefs about God, self, and others.

"When my heart was embittered, and I was pierced within, then I was senseless and ignorant; I was like a beast before You."

—Psalm 73:21-22

*"The proverbs of Solomon the son of David, king of Israel:
To know wisdom and instruction,
To discern the sayings of understanding,
To receive instruction in wise behavior,
Righteousness, justice and equity;
To give prudence to the naive,
To the youth knowledge and discretion,
The fear of the LORD is the beginning of knowledge..."*

—Proverbs 1:1-4, 7a

"You were running well; who hindered you from obeying the truth?"

...But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

...Now those who belong to Christ Jesus have crucified the flesh with its passions and desires."

—Galatians 5:7, 16-17, 24

"So this I say, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk, in the futility of their mind, being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart; and they, having become callous, have given themselves over to sensuality for the practice of every kind of impurity with greediness. But you did not learn Christ in this way, if indeed you have heard Him and have been taught in Him, just as truth is in Jesus, that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, and that you be renewed in the spirit of your mind, and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

—Ephesians 4:17-19; 20-24

6. Counseling people biblically is a relational process.

*"Where there is no guidance the people fall,
But in abundance of counselors there is victory."*

—Proverbs 11:14

*"The way of a fool is right in his own eyes,
But a wise man is he who listens to counsel."*

—Proverbs 12:15

*"Through insolence comes nothing but strife,
But wisdom is with those who receive counsel."*

—Proverbs 13:10

"And concerning you, my brethren, I myself also am convinced that you yourselves are full of goodness, filled with all knowledge and able also to admonish one another."

—Romans 15:14

BIBLICAL DISCIPLESHIP: TEACHING AND ADMONISHING ONE ANOTHER (SESSION 3)

REVIEW & QUESTIONS:

1. We summarized Biblical Counseling, using Paul's terminology in Colossians 1:28-29 and 3:16, as having two primary tasks. What are they?
2. What synonym did we identify as best describing the more "negative" of the two tasks?

THE FOUR AREAS OF SUBMISSION & SIX PRINCIPLES

1. Of the four submissions discussed, which is the most fundamental or essential starting point?
2. Of the four submissions discussed, which do you think is the least practiced and why?
3. Of the four submissions discussed, which do you find to be the greatest struggle for you?
4. In general, why do we struggle with submission?
5. We identified the primary goal of biblical counseling to be that of reconciliation. Why?

TWO _____ AND _____ ENGAGEMENTS FOR LIFE TRANSFORMATION:

1. In biblical language, we are to **both** _____ and _____.

*"For **this perishable must put on the imperishable**, and **this mortal must put on immortality**. But when this perishable will have put on the imperishable, and this mortal will have put on immortality, then will come about the saying that is written, "DEATH IS SWALLOWED UP in victory."*

—1 Corinthians 15:53, 54

*"The night is almost gone, and the day is near. Therefore let us **lay aside** the deeds of darkness and **put on** the armor of light."¹³ "Let us behave properly as in the day, not in **carousing** and drunkenness, not in **sexual promiscuity** and sensuality, not in **strife** and jealousy."¹⁴ But **put on the Lord Jesus Christ**, and **make no provision for the flesh** in regard to its lusts."*

—Romans 13:12-14

*"So this I say, and affirm together with the Lord, that you **walk no longer** just as the Gentiles also walk, in the futility of their mind,¹⁸ being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart;¹⁹ and they, having become callous, have given themselves over to sensuality for the practice of every kind of impurity with greediness."²⁰ But you did not learn Christ in this way,²¹ if indeed you have heard Him and have been taught in Him, just as truth is in Jesus,²² that, in reference to your former manner of life, **you lay aside the old self, which is being corrupted** in accordance with the lusts of deceit,²³ and that **you be renewed in the spirit of your mind,**²⁴ and **put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.***

—Ephesians 4:17-24

“**Put on** the full armor of God, so that you will be able to stand firm against the schemes of the devil.”

—Ephesians 6:11

“Therefore consider the members of your earthly body as dead to immorality, impurity, passion, evil desire, and greed, which amounts to idolatry. ⁶ For it is because of these things that the wrath of God will come upon the sons of disobedience, ⁷ and in them you also once walked, when you were living in them. ⁸ But now you also, **put them all aside**: anger, wrath, malice, slander, and abusive speech from your mouth. ⁹ Do not lie to one another, **since you laid aside the old self with its evil practices**, ¹⁰ and **have put on the new self who is being renewed** to a true knowledge according to the image of the One who created him — ¹¹ a renewal in which there is no distinction between Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave and freeman, but Christ is all, and in all.

¹² **So, as those who have been** chosen of God, holy and beloved, **put on** a heart of compassion, kindness, humility, gentleness and patience; ¹³ bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so also should you. ¹⁴ **Beyond all these things put on love**, which is the perfect bond of unity...”

—Colossians 3:5-17

2. By faith [and applying the 4 process and 6 principles] we must _____ and _____ ...

1. _____.

2. _____.

3. _____.

4. _____.

5. _____.

6. _____.

7. _____.

8. _____.

3. By faith [and applying the 4 process and 6 principles] we can _____ and _____ ...

1. _____.

2. _____.

3. _____.

4. _____.

5. _____.

6. _____.

7. _____.

8. _____.

COUNSELING RESOURCES:

Lane, Timothy S, & Paul David Tripp. ***How People Change***. Greensboro, N.C. : New Growth Press, 2008. 2nd ed., 230 p. (ISBN-10: 1934885533; ISBN-13: 978-1934885536).

Tripp, Paul David. ***Instruments in the Redeemer's Hands: People in need of change helping people in need of change***. Phillipsburg, NJ. : P & R Publishing, 2002. 376 p. (ISBN-10: 0875526071; ISBN-13: 978-0875526072).

Kellemen, Robert W., editor. ***Scripture and Counseling: God's word for life in a broken world***. Grand Rapids, MI: Zondervan, 2014. with Jeffery Forrey, managing editor; foreword by R. Albert Mohler Jr. 480 p. (ISBN-10: 0310516838; ISBN-13: 978-0310516835)

MacDonald, James, editor. ***Christ-Centered Biblical Counseling***. Bob Kellemen & Stephen Viars, managing editors. Eugene, Or.: Harvest House Publishers, 2013. 480 p. (ISBN-10: 0736951458; ISBN-13: 978-0736951456)

Somerville, Robert B. ***If I'm a Christian, Why Am I Depressed?*** Xulon Press, 2014. 244 p. (ISBN-10: 1498407773; ISBN-13: 978-1498407779)

