

Sunday, June 12, 2011

Cedar Hill - Pastor Larry Green

**MINI-SERIES:
"SOUL REPAIR"**

"What Do You Do When Your Soul Is Wearing Thin?"

PART 2

"GOD'S WAITING ROOM: INTENTIONAL SOLITUDE"
"The Role of Spiritual Rest in Restoring the Soul"
(Psalm 62)

INTRODUCTION:

"Come away by yourselves to a secluded place and **rest a while.**"
—Mark 6:31

INTENTIONAL SOLITUDE: THE PRINCIPLE OF SABBATH

"Six days you are to do your work, but on the seventh day you shall cease from labor so that your ox and your donkey may rest, and the son of your female slave, as well as your stranger, may refresh themselves."
—Exodus 23:12

Sabbath keeping honors the body's need for _____, the spirit's need for _____, and the soul's need for _____.

WHAT THE SABBATH PROVIDES:

...uncluttered time and space to _____ ourselves from the busyness of our own _____ so that we can **consider** and reflect upon what God has _____ and is _____.

...uncluttered time and space to _____ ourselves from the _____ around us so that we can **hear** and reflect upon what God has _____ and is _____.

1A. THE _____ OF "WAITING ON GOD"

1B. WE THINK _____.

2B. WE WANT _____.

2A. THE _____ OF "WAITING ON GOD"

• "Waiting is ... a prolonged _____ and lengthened _____ in the _____, _____ and _____ of God."

"My soul, wait in silence for God only, For my hope is from Him."

—over—

3A. THE _____ OF "WAITING ON GOD"

1B. WE ARE TO WAIT IN _____.

"Be still and know that I am God..."
—Psalm 46:10

2B. WE ARE TO WAIT IN _____.

"Be still and know that I am God..."
—Psalm 46:10

1C. He is the Rock upon which we _____. He is our _____.

"I am laying in Zion a stone, a tested stone, A costly cornerstone for the foundation, firmly placed. He who believes in it will not be disturbed."
—Isaiah 28:16

2C. He is the Rock in which we _____. He is our _____.

"The rock of my strength, my refuge is in God."
—Psalm 62:7b

3C. He is the Rock from which we _____. He is our _____.

"...and all drank the same spiritual drink, for they were drinking from a spiritual rock which followed them; and **the rock was Christ.**"
—1 Corinthians 10:4

4C. He is the Rock for which we _____. He is our _____.

"...God has made known to the king **what will take place in the future...**"
—Daniel 2:45

4A. THE _____ OF "WAITING ON GOD"

1B. IT _____ US FROM _____.

"Pour out your heart before Him..." (v. 8b)

2B. IT _____ US ON GOD'S _____.

"power belongs to God..." (v. 11b)

3B. IT _____ OUR _____.

"Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance. And let endurance have its perfect result, **so that you may be perfect and complete, lacking in nothing.**"
—James 1:2-4

CONCLUSION