

BACK TO SCHOOL

THREE ESSENTIAL DISCIPLINES OF DISCIPLESHIP

Part 2

JOY FOR THE JOURNEY

Experiencing the First Fruits of Our Heavenly Citizenship

(Matthew 22:37; Philippians 4:1-9)

INTRODUCTION:

“And He said to him, “YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, AND WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND.”

—Matthew 22:37

REVIEW:

PROPOSITION #1 (THE FIRST “R”):

- Remembering... the **majestic attributes and mighty acts** of God, especially made known in and through **Jesus Christ**, ...is an **indispensable discipline** for the **spiritual well-being** of Jesus’ disciples.

“**Remember Jesus Christ**, risen from the dead, descendant of David, according to my gospel,...”

—2 Timothy 2:8-10

- In the Form of a Question: **Who and What will you remember today?**

- Who **I** was, before and outside of Jesus Christ. (Ephesians 2:11-12)
- Who **I** am, because of and in Jesus Christ. (Ephesians 2:13)
- Who **He** is, above all! (2 Timothy 2:8ff.)
- The risen, rightful, redeeming and rewarding King!

NEW:

PROPOSITION #2 (THE SECOND “R”):

- _____ ...is an **indispensable discipline** for the **spiritual well-being** of Jesus’ disciples.

“**Rejoice in the Lord always; again I will say, rejoice!**” (v. 4)

- In the Form of a Question: _____ ?

1A. THE _____ TO _____ :

1B. _____ in the _____. (4:2-3)

"I urge Euodia and I urge Syntyche to **live in harmony in the Lord**. Indeed, true companion, I ask you also to help these women who have shared my struggle..."

2B. _____ in the _____. (4:6-7)

"Be anxious for nothing..."

3B. _____ in the _____. (4:8-9)

"Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, **dwell on these things.**"

2A. THE _____ OF _____ :

1B. The _____ that Is Ours in Jesus Christ.

"...and the rest of my fellow workers, **whose names are in the book of life.**" (v. 3)

"Nevertheless do not rejoice in this, that the spirits are subject to you, but **rejoice that your names are recorded in heaven.**"

—Luke 10:20

2B. The _____ that Is Ours in Jesus Christ.

"And **the peace of God**, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus." (v. 7)

"...practice these things, and **the God of peace will be with you.**" (v. 9b)

CONCLUSION: