

# THINK, SPEAK AND DO – Part 2

*Joshua 1:8*

***8 This book of the law shall not depart out of thy MOUTH; but thou shalt MEDITATE therein day and night, that thou mayest observe to DO according to all that is written therein: for then thou shalt MAKE THY WAY PROSPEROUS, and then thou shalt HAVE GOOD SUCCESS.***

According to this verse, our success is determined by what we meditate (*think*) on, by what comes out of our *mouth*, and by what we observe to *do*. In short, success is determined by what we **THINK, SPEAK AND DO**. I want to begin today discussing the first item on this list—what we *think* on. Everything we say and do stems from the thoughts that are in our heart.

*Matthew 15:18–19*

***18 But those things which proceed out of the mouth come forth FROM THE HEART; and they defile the man. 19 For OUT OF THE HEART proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies:***

The word “heart” here refers to the *thoughts* in our mind. Before any word or act is spoken or committed, the *thought* of that word or act is first in our heart! Thus, the root of the issue is not what we say or do. The root of the issue is what we’re *thinking*. What we think in our heart is the essence of who we are.

*Proverbs 23:7*

***7 For AS HE THINKETH in his heart, SO IS HE...***

People may like others to know them by what they say or do, but the reality is we are what we think. Not only are we what we think, but who we will be in the future is also determined by what we think!

## WE ARE CHANGED BY OUR THOUGHTS

Our thoughts are making us who we are, for the better or for the worse.

*Romans 12:2*

***2 And be not conformed to this world: but BE YE TRANSFORMED BY THE RENEWING OF YOUR MIND, that ye may prove what is that good, and acceptable, and perfect, will of God.***

### **Ephesians 4:23**

***23 And BE RENEWED IN THE SPIRIT OF YOUR MIND;***

If you want to change who you are, start by changing how you think. Now, some may hear this and think that it's similar to "manifesting." (*Manifesting* is a term that describes a belief that it's possible to change your reality by thinking the right thoughts.) However, what I'm saying has NOTHING to do with *manifesting*.

First of all, manifesting is a form of witchcraft. I say that because the people who endorse this ideology believe 'god' is the universe and we can manipulate it into giving us what we want. Second, God is not in the business of giving us things just to satisfy our carnal pleasures!

### **James 4:3**

***3 Ye ask, and RECEIVE NOT, because ye ask amiss, that ye may CONSUME IT UPON YOUR LUSTS.***

Understand, just like our thoughts can change us for the better, they can also change us for the *worse!*

### **Romans 1:28**

***28 And even as they did not like to retain God in THEIR KNOWLEDGE, God gave them over to a REPROBATE mind, to do those things which are not convenient;***

If we abandon God in our thoughts, then He will abandon us to a reprobate mind. In other words, we can become *corrupted* by our thoughts!

This brings me to another important point...

## **WE ARE CONDEMNED BY YOUR THOUGHTS**

### **Romans 1:18, 21**

***18 For the WRATH OF GOD is revealed from heaven against all ungodliness and unrighteousness of men, who hold the truth in unrighteousness;***

***21 Because that, when they knew God, they glorified him not as God, neither were thankful; but BECAME VAIN IN THEIR IMAGINATIONS, and their foolish heart was darkened.***

Notice that the "wrath" or judgment of God is revealed against men because of their *thoughts* (vain imaginations). Thus, the wrong thoughts can cause you to sin.

**Proverbs 24:9**

**9 THE THOUGHT OF FOOLISHNESS IS SIN...**

The word “thought” in this verse is really the word *scheme* or *plans*.

**Proverbs 24:9 Amplified Version**

**9 The PLANS OF THE FOOLISH and the thought of foolishness ARE SIN, and the scoffer is an abomination to men.**

Therefore, it’s not a sin to have a *random* thought in your mind. The sin is thinking *long* upon certain thoughts to the point that we *imagine* or desire to do them!

**Matthew 5:28**

**28 But I say unto you, That whosoever LOOKETH ON A WOMAN TO LUST AFTER HER hath committed adultery with her already in his heart.**

So, our thoughts become sin when they become a passionate desire or *lust*. And the reason lusts are a sin is because lusts are a *choice*. (Not all thoughts are a choice. However, lust is *always* a choice!)

Oftentimes when addressing the issue of *lusts* people will ask, “Is thinking or *lusting* on a particular thing the same as doing it?” No. BUT, understand that there are *consequences to what we think* just like there are *consequences to what we do!* As a result, we have to forsake our sinful thoughts just like we have to forsake our sinful ways.

**Isaiah 55:7**

**7 Let the wicked FORSAKE HIS WAY, And the unrighteous man HIS THOUGHTS: And let him return unto the Lord, and he will have mercy upon him; And to our God, for he will abundantly pardon.**

Sometimes before you can forsake your sinful thoughts (or ways), you must remove the *source* of the problem!

**Matthew 5:29**

**29 And if thy right eye offend thee, PLUCK IT OUT, and CAST IT FROM THEE: for it is profitable for thee that one of thy members should perish, and not that thy whole body should be cast into hell.**

If you do not remove the source of sin, you will be taken captive by sin.

# WE ARE TAKEN CAPTIVE BY YOUR THOUGHTS

Those who think on sin, will commit sin. And those who commit sin, will be taken *captive* (become a slave) to sin!

## **John 8:34**

***34 Jesus answered them, Verily, verily, I say unto you, WHOSOEVER COMMITTETH SIN IS THE SERVANT OF SIN.***

Someone once said, “Sin always takes you further than you want to go and keeps you longer than you want to stay!”

When we open the door to sin we give evil spirits access to minds (thoughts). Once they gain access they make it difficult to think or imagine anything other than sin!

## **2 Corinthians 10:4–5**

***4 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of STRONG HOLDS;) 5 Casting down IMAGINATIONS, and every high thing that exalteth itself against the knowledge of God, and BRINGING INTO CAPTIVITY EVERY THOUGHT to the obedience of Christ;***

First of all, notice where these ‘strongholds’ are located—in our IMAGINATIONS or thoughts. Second, Paul urges us to regain control of our minds by “*bringing into captivity every thought*”!

Therefore, if you want to be free from the bondage of sin, you must regain control over your thoughts.

## **Philippians 4:8**

***8 Finally, brethren, WHATSOEVER THINGS ARE TRUE, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, THINK ON THESE THINGS.***

Psychologists say that the best way to combat obsession is to focus on *reality* (or truth).