

UNITY OF FORT LAUDERDALE · WEEK 2 OF 6

THRESHOLD

A 6-Week Journey to Wholeness

Tonight: Prosperity Reframed

Tonight we shift into money and prosperity, guided by Rev. Dr. Catherine Ponder's (Recipient of the Albert Marquis Lifetime Achievement Award) book *The Dynamic Laws of Prosperity*.

Rev. Bryan Sawchuk · Tuesday, October 20, 2026 · 7:00–8:30 PM on Zoom

TONIGHT'S FLOW

7:00 **Welcome, APP, & opening prayer**

7:05 **Glimmers & synchro-divinities**

7:15 **Your prosperity temperature**

7:30 **The truth about prosperity**

7:45 **5-minute break**

7:50 **The laws in action**

8:15 **Visioning practice**

8:25 **This week & closing prayer**

Have a pen and paper close by. You'll want them tonight.

OPENING PRAYER

Let us breathe together and come home to this moment.
There is one Presence and one Power, and it is good. That
Presence is the Source of every good thing in my life — not
my job, not my bank account, not any person, but God,
flowing through all of them.

Tonight I open my mind to the Truth that I AM a rich and
radiant expression of Spirit. I release every old story of lack. I
make room for more good than I have ever known.

***I AM grateful, I AM open, and I AM ready to
receive.***

And so it is. Amen.

CHECK-IN • 10 MIN

What good did you notice this week?

Glimmers

Small, everyday moments that spark a sense of safety, ease or joy in your body.

*The warm light through the window. A stranger's smile.
Your dog greeting you at the door.*

Synchro-divinities

Meaningful “coincidences” where you can feel Spirit's hand at work.

You think of a friend and they call. The answer you prayed for shows up in a song or a conversation.

Why it matters: What we notice grows. Sharing our good is our first prosperity practice tonight.

Type one in the chat — or unmute and share it with us.

GO DEEPER (OPTIONAL): Did anyone notice a glimmer connected to money or provision this week?

TAKE YOUR PROSPERITY TEMPERATURE

On a scale of 1 to 10, where are you with money and prosperity right now?

1–2

Frozen

Fear, stuck, survival

3–4

Chilly

Worry, tight, holding on

5–6

Lukewarm

Getting by, mixed feelings

7–8

Warm

Trusting, flowing, growing

9–10

On fire

Abundant, generous,
grateful

Be honest, not “spiritual.” There is no wrong number, and we can’t change what we won’t look at.

GO DEEPER (OPTIONAL): What number would you have given yourself a year ago? What has changed?

BE HONEST • BE GENTLE

What story are you telling about money?

Most of us didn't choose our money story. We inherited it from family, church or a hard season. **Take a moment and write yours down.**

STORIES WE OFTEN TELL

"There's never enough."

"Money is hard to come by."

"Spiritual people shouldn't want money."

"I'm just not good with money."

"As soon as I get ahead, something happens."

Ask yourself

- Where did I first learn this story?
- Whose voice is it, really?
- Is it absolutely true?
- How does my body feel when I tell it?

GO DEEPER (OPTIONAL): If your money story were a book, what would its title be?

THE TEACHER

Rev. Catherine Ponder

Unity minister, author and one of the best-loved prosperity teachers of the last century

The Dynamic Laws of Prosperity · 1962,
revised 1985

HER OWN THRESHOLD

Widowed young, with an infant son, few job skills and very little money, she was in despair.

Then she discovered that her thinking was shaping her circumstances, and she began to apply spiritual laws to her finances.

Her life turned around. She spent the rest of it teaching others how.

GO DEEPER (OPTIONAL): Have you ever stood at a financial threshold like Catherine's? What carried you through?

THE TRUTH ABOUT PROSPERITY

Prosperity is your divine heritage

For Ponder, prosperity means more than **money**. It is **an abundance of good** in every part of life:

Peace

Calm mind, settled heart

Health

Vitality in body

Happiness

Joy in relationships

Plenty

More than enough

Reflect: Which of these four feels fullest in your life right now? Which is an opportunity for expansion (even more)?

GO DEEPER (OPTIONAL): *When have you felt truly prosperous with very little money?*

THE TRUTH ABOUT PROSPERITY

It is “shockingly right” to want prosperity

Ponder teaches that wanting prosperity is natural and good. Many of us carry old beliefs that quietly work against us.

THE OLD BELIEF

Being poor is holy.

Money is the root of all evil.

Wanting more is selfish.

GO DEEPER (OPTIONAL): Which old belief surprised you by how strongly it still lives in you?
Money and Spirit don't mix.

THE TRUTH PONDER TEACHES

Lack is not a virtue, and it never was.

Paul warned about the love of money. On 1 Timothy 6:10:

“The Bible never says money is evil. It says *loving* money more than God is what leads us astray.”

On Ponder's teaching:

“Money itself is good, a gift of God's abundance; it only becomes squirrely when we treat it as our Source instead of a channel from God.”

Or, said together in one breath:

“Money isn't the problem; making money our god is. God is the Source, and money is just one of the channels God's good flows through.”

“Desire is God tapping at the door of your mind.”

Prosperity is part of your spiritual life.

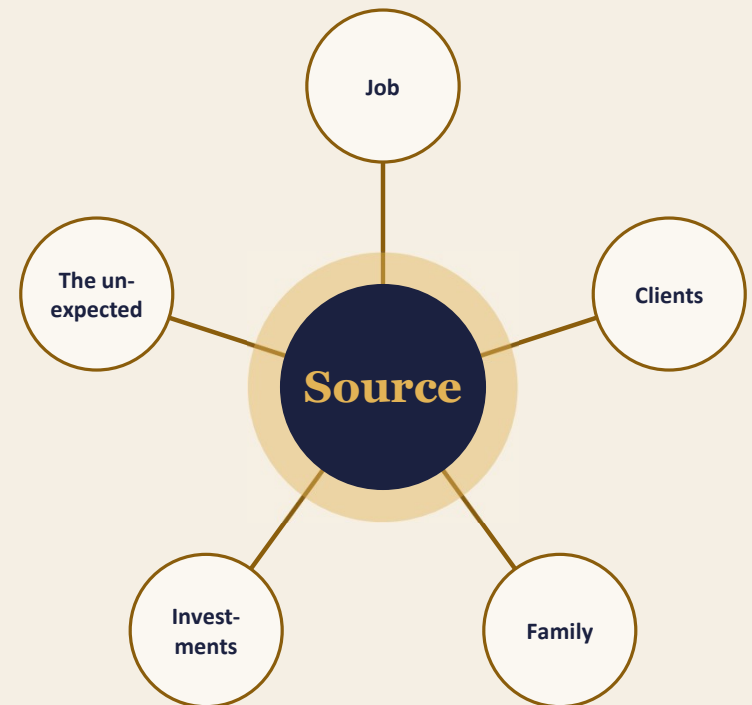
THE TRUTH ABOUT PROSPERITY

God is the Source. Everything else is a channel.

Your job, your clients, your family and your investments are channels your good flows through. When one channel closes, the Source does not.

REAL LIFE

A client cancels. Instead of panic: “That channel closed. God is my Source, and new channels are opening now.”



GO DEEPER (OPTIONAL): Which channel have you been treating as your Source?

“Prosperous thinking opens the way to prosperous results.”

— CATHERINE PONDER

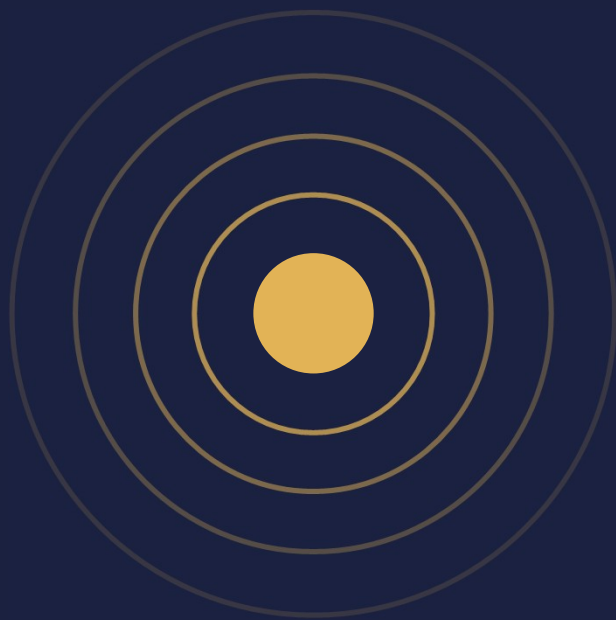
Everything tonight flows from this: change the thinking, and the results follow.

GO DEEPER (OPTIONAL): *What is one prosperous thought you could practice this week?*

THE BASIC LAW OF PROSPERITY

Radiation and attraction

Your thoughts, feelings and expectations are energy. What you **radiate** outward, you **attract** back.



REAL LIFE

Two people, same office. One complains about the pay and the boss. One blesses the work and expects increase. Same job, two very different results.

Ask: What have I been radiating about money this week?

GO DEEPER (OPTIONAL): *Who in your life radiates prosperity? What do you notice about them?*

RADIATION AND ATTRACTION

“You can always give something.”

Giving is how we radiate. Ponder says you cannot get something for nothing, so sowing comes before reaping. Even in lack, there is always something to give.

Your time

A kind word

Praise

A prayer

An offering

HER STORY

Ponder tells of a desperate widow who, with almost nothing, gave thoughtfully anyway, and found the very resources she needed coming to her.

Chat: What is one thing you could give this week, even something small?

GO DEEPER (OPTIONAL): Tell us about a time when giving opened a door for you.

SAY IT WITH ME!

**“I am an irresistible magnet, with the
power to attract unto myself
everything that I divinely desire.”**

1 · Whisper it

2 · Say it

3 · Proclaim it!

Then notice: how does your body feel after round 3? **That energy is radiation.**

A CATHERINE PONDER AFFIRMATION

GO DEEPER (OPTIONAL): What shifted in you between the whisper and the proclamation?

7:45 • PAUSE

5-minute break

Back at 7:50

While you're up, look around your home. Notice one thing you're ready to let go of.

“Nature abhors a vacuum.”

If your good has not arrived, there may be no room for it yet. Ponder’s instruction is simple: **let go of the lesser** to make room for the greater.

Release the tangibles

- Clothes that no longer fit who you are
- Furniture and clutter you’ve outgrown
- Old files, drawers, the garage

Release the intangibles

- Grudges and old resentments
- Relationships that no longer feel right
- Worry, and outdated money beliefs

GO DEEPER (OPTIONAL): *What have you released in the past that made room for something better?*

THE VACUUM LAW • FORGIVENESS

Forgiveness is the most powerful release

Ponder tells of a businessman who was ill. He realized he was holding a grudge, and chose to forgive. Healing followed swiftly.

Forgiveness dissolves stubborn problems and lets new answers flow in.

SAY IT TOGETHER

“I fully and freely forgive you. I loose you and let you go.”

Write it down: Who or what am I ready to release, to make room for my good?

GO DEEPER (OPTIONAL): *What changes in your body when you imagine letting that grudge go?*

THE VACUUM LAW • FORGIVENESS

Forgiveness is the most powerful release

All that has offended me, I forgive. Whatever has made me bitter, resentful, unhappy, I forgive.

Within and without, I forgive. Things past, things present, things future, I forgive. I forgive everything and everybody who can possibly need forgiveness in my past and present.

I forgive positively everyone. I AM free and they are free too.

All things are cleared up between us now and forever.

I AM now forgiven by everything and everyone of the past and present that needs to forgive me.

I AM now positively forgiven by everyone.

GO DEEPER (OPTIONAL): *What changes in your body when you imagine letting that grudge go?*

THE VACUUM LAW • STEP TWO

Then live rich with what you have now

Once you've made room, Ponder says to create “the rich feeling, the rich atmosphere, the rich look” with what you have now. It tells your body: **I am already rich.**

Set the table

Use the good dishes on a Tuesday.

Wear the outfit

Stop saving it for “someday.”

Bring in beauty

Fresh flowers, a candle, clean space.

Honor your wallet

Tidy it, bills facing the same way.

Use what you have

Boldly, instead of hoarding it.

Your turn

What would you add?

GO DEEPER (OPTIONAL): *What are you saving for “someday” that you could enjoy now?*

LAW 3 · THE CREATIVE LAW OF PROSPERITY

Now fill the space you've made

1

Plan it

Decide what you truly desire,
and write it down.

2

Picture it

See it already fulfilled in your
mind's eye.

3

Proclaim it

Affirm it with words of
thanksgiving as done.

“Prosperity is the result of deliberate **thought** and action.” — Catherine Ponder

GO DEEPER (OPTIONAL): Which step comes easiest to you: plan, picture or proclaim? Which is hardest?

STEP 1 • PLAN IT

Strong desire is success power

Ponder says to take your deep-seated desires and, instead of suppressing them as impossible dreams, begin expressing them constructively by deciding what they really are.

“Every obstacle rushes to get out of the way of the man who knows where he is going.”

— quoted by Catherine Ponder

REFLECT

What desire have I tucked away as an “impossible dream”?

What would I want if I knew I couldn’t fail?

GO DEEPER (OPTIONAL): *What would your eight-year-old self tell you to want?*

STEP 1 • PLAN IT

Write it down: Ponder's list method

- 1 Write your true desires**
On paper, in every area of life. Writing turns a wish into a plan.
- 2 Be specific about money**
Name the amount and the timeframe. Leave the “how” to God.
- 3 Keep it private**
Share it only with God, or someone who truly believes in you.
- 4 Review and revise**
Daily if you can. Cross off what's fulfilled and give thanks.

END EVERY LIST
WITH

*“This or something better comes forth with perfect timing,
according to God's rich good for me.”*

GO DEEPER (OPTIONAL): *What feels risky about writing down an exact amount?*

STEP 1 • PLAN IT

Three more ways to write your good

1

A letter to God

Pour out what you really want, honestly, beneath the surface wishes. Authentic desires get results.

2

A note to the angel

For a hard relationship or situation, write to the “angel” (the higher self) of that person or matter, asking for a harmonious outcome.

3

Gratitude for bills

Instead of dreading your bills, write words of thanks for their complete and on-time payment.

Chat: Which of these do you feel drawn to try this week?

GO DEEPER (OPTIONAL): *Has a letter or written prayer ever been answered for you?*

STEP 2 • PICTURE IT • THE IMAGING LAW

“Success is created mentally first.”

Ponder teaches that our only limitation is the **negative** use of imagination. “If you wish to change anything, change your mental images.”

FROM THE TRUCK

A truck driver kept picturing the life he desired, day after day. Over time, he became a wealthy businessman.

OUR OWN UNITY STORY

Charles Fillmore held a detailed master plan for Unity Village in mind, even through lean economic times. It came forth.

When results are delayed, keep imaging. Ponder says they often arrive in an even bigger way.

GO DEEPER (OPTIONAL): *What negative picture do you replay most often? What would you replace it with?*

STEP 2 • PICTURE IT • A VISIONING TOOL

Make a wheel of fortune

Ponder's picture tool for training the imagination, often called a treasure map.

1. Draw a large circle on poster board.
2. Put a spiritual symbol at the center: God as your Source.
3. Around it, add pictures of the good you desire in each area of life.
4. Add words of affirmation and “this or something better.”
5. Look at it daily, and let yourself feel it as yours.

GO DEEPER (OPTIONAL): *If you made a wheel tonight, what would go at the very top?*



STEP 2 • PICTURE IT • A CAUTION

Image your own good, never someone else's

INSTEAD OF

"I want my neighbor's house."

"I want her job."

TRY

"A beautiful home that is right for me."

"Work that fulfills and prospers me."

Coveting another's good blocks your own. Imaging can bless others, too: Ponder tells of a mother who held a loving picture of her son, and his behavior changed.

GO DEEPER (OPTIONAL): *Whose success could you celebrate this week instead of envying it?*

LAW 4 · THE LAW OF INCREASE

Hold an attitude of rich increase toward everything and everybody

“Just by thinking of yourself and others as rich, successful, prosperous and victorious, you help make it so.”

Think increase for others

Silently bless the cashier, your coworker, the driver who cut you off.

Reframe “failure”

“Failure is nothing but success trying to be born in a bigger way.”

Don't force it

When you catch yourself hurrying to force a result, “call a halt.”

GO DEEPER (OPTIONAL): Who could *you* silently bless with increase this week?

THE LAW OF INCREASE · READ EACH PAIR ALOUD

Speak the language of increase

LACK TALK

“I can’t afford it.”

“Money is so tight.”

“I’m broke.”

“Times are so hard.”

“There’s never enough.”

INCREASE TALK

“I choose not to spend on that right now.”

“My supply is unfolding in divine order.”

“I am in the process of increase.”

“Divine restoration is at work right now.”

“There is always plenty.”

“Your good is created as fast as your good words are uttered!”

Chat: Which lack phrase do you catch yourself saying?

GO DEEPER (OPTIONAL): *What phrase did your family use about money when you were growing up?*

YOUR RELATIONSHIP WITH MONEY

“Money is divine.”

When Ponder called money “divine substance,” it shocked her audience. She taught that money is a visible form of God’s abundance, so how we feel about it matters.

Appreciate it

Appreciating money increases your capacity to receive it. Give up mixed attitudes.

The golden rule

What you think about others’ prosperity affects your own. Celebrate their success.

Make it your servant

Money serves you when it circulates freely, not when you fear it.

Notice: we can’t say “I want more money” and “money is dirty” in the same breath and expect results.

GO DEEPER (OPTIONAL): *How did you honestly feel the last time you held cash in your hand?*

Keep your good circulating

Give freely

Give generously, without expecting anything back.

Receive graciously

When good comes, simply say “thank you.”
Don’t push it away.

Bless every bill

As you pay: “I give thanks for this service, and for plenty to pay it.”

Share first

Ponder: “Sharing is the beginning of financial increase.”

Ask: Which of these comes easily to me, and which do I resist?

GO DEEPER (OPTIONAL): *What would change if you blessed every bill for a month?*

VISIONING PRACTICE • 7 MIN

See it. Feel it. Write it.

Have your pen and paper ready, then set them down. I'll read each step slowly; simply follow along.

- 1 Settle.** Close your eyes. Feel your feet and your breath. Let your body know it is safe.
- 2 Choose.** Bring to mind one true desire you've named tonight.
- 3 See it done.** Where are you? Who is with you? What do you see and hear?
- 4 Feel it.** Let gratitude and ease fill your body, as if it has already happened.
- 5 Write it.** Open your eyes and write it in the present tense, ending with "this or something better."

GO DEEPER (OPTIONAL): *What did you see or feel in the visioning that surprised you?*

STEP 3 • PROCLAIM IT • UNMUTE AND HOLD UP YOUR PAPER!

“I give thanks for the immediate, complete, divine fulfillment of these desires. This or something better comes forth with perfect timing, according to God’s rich good for me.”

Say it twice: once steadily, then once with full power. Keep your paper where you’ll see it every day.

A CATHERINE PONDER AFFIRMATION

GO DEEPER (OPTIONAL): *How did it feel to say that out loud and mean it?*

YOUR PRACTICE THIS WEEK

Live the laws for seven days



Release one thing

The item you noticed at the break, or a grudge. Form your vacuum.



Write and review your list

Every morning, ending with “this or something better.”



Image it for five minutes

Daily. Start your wheel of fortune if you feel inspired.



Speak increase

Catch one lack phrase a day and flip it. Bless every bill.

Next Tuesday, come ready to share one **prosperity glimmer** or synchro-divinity from your week.

GO DEEPER (OPTIONAL): Which practice are you committing to first? Say it in the chat to make it real.

CLOSING PRAYER

Thank you, God, for this circle and for the Truth we have remembered tonight.

You are my Source, and I am secure in You. I release what is lesser. I welcome what is greater. I see my good, I feel my good, and I speak my good into being.

I bless every person here with rich increase in every area of life. This or something better, with perfect timing.

And so it is. Amen.

SEE YOU NEXT TUESDAY • WEEK 3 OF 6

[Week 3 topic]

[Week 3 subtitle]

Tuesday, October 27 • 7:00–8:30 PM • Live on Zoom

Prosperity Investment: unityfortlauderdale.org/give • fund “THRESHOLD ~ 2026”

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