

WEEK 5 SLIDES

May 26 • 7:00 PM • Zoom

Facilitated by Cynthia Roberts

Share Your Journey: Power of Sharing & Collaboration

& Be Open: Releasing Preconceptions & Surrendering Control, Using the 4 *Intelligence* Centers

THIS WEEK'S FOCUS

Step Four emphasizes the Power of Sharing

1

Nurturing Your Vision

Discern with whom you will share your dream

2

Cross-Pollination

Sharing, connecting, and growing together---true abundance is realized

3

Creating Win-Win Situations

Shift from what is missing to what is present. Not Scarcity but Sufficiency

4

Embracing Adversity

Challenges are not roadblocks. They are teachers that shape & refine you.

5

Embracing The Journey

Manifestation is about the growth, connection, and transformation that occur along the way

1. Sharing Can Help to Clarify What It is We Really Want

Sharing deeply, we may experience a push/pull feeling

We may need to focus on something truly worthy of our pursuit that aligns us with our inner knowing. As we attain this focus, our external experience will begin to reflect our inner Truth.

DISCUSSION QUESTIONS

- How do you find trusted individuals or groups who will hear you & help you clarify your intentions and avoid bringing old baggage into a new chapter?
- What safe space encourages you to speak from your heart allow yourself to be vulnerable ?
- Does hearing other speak authentically have a ripple effect?

2. Cross-Pollination/Iterative Innovation

Synthesis	Exposure	Resynthesis
<p>Begin with an idea, a dream that feels personal and whole in its original form.</p>	<p>By sharing it, we invite new perspectives, fresh insights, and external feedback, stretching our understanding in ways we hadn't considered.</p>	<p>The idea returns to us refined, expanded, and enriched, now stronger and more aligned with its highest potential.</p>

The Natural Way Manifestation unfolds: Through engagement, adaptation, and expansion...a co-creation, a cross-pollination

DISCUSSION

- The network of people who support us are the soil in which our dreams take root & grow. Explain how sharing, connecting, and growing together creates an abundance for all.

3. WIN-WIN By Shifting from Victim to Victor and then to Vessel and Verity

**Move Beyond Fear of Scarcity to Sufficiency.
Move toward Infinite Possibilities**

Move into a space of collaboration and generosity, where the potential for true abundance is unlocked & flows into our lives and into the world. When we align with the Principle of Universal Abundance and share our journey with others, we tap into Universal Sufficiency. We open to the flow of ideas, collaborators and resources.

DISCUSSION QUESTIONS

- Where in your life have you expanded a dream by sharing it and collaboration with others to manifest more than expected? What jump starts collaboration?

4. Embracing Adversity

Inviting you to Dig Deeper

- Reframe roadblocks as challenges
- Unlock Hidden Strengths
- How can we shift individuals who feel unappreciated and unsupported?
- Reframe Setbacks so there is no feeling of failure.

Remember to use: GROWTH MINDSET

- Embraces challenges
- Sees abilities as developable
- Learns from criticism
- Sees setbacks as lessons

DISCUSSION QUESTIONS

- How do we move from despair to repair as an organization?
- What tools help us to move forward----to get un-stuck?

5. Embracing the Journey

Isn't About the Destination

A specific goal or dream can be a step along the way to more clarity about our purpose

Is About Growth, Connection,

We may gain spiritual growth as we continue our journey. We may form deeper relationships.

& Transformation

We may strengthen our resilience and align with the infinite possibilities of an abundant Universe.

“I share my journey with confidence, knowing it amplifies my purpose. My voice is powerful, and my story creates meaning and impact. As I express my truth, I refine my vision and expand my abundant life.”¹
Ask yourself if your journey is meaningful and gifting you valuable gifts.

Can you reframe your story through a framework of awakening to how to live by Spiritual Principles?

Be Open to Four Centers of Intelligence----USE ALL FOUR

01 **Gut**---Our 2nd Brain contains more than 100 million neurons

02 **Heart** This is our emotional center. It taps into a coherent force that that brings better balance, clarity and alignment

03 **Head** We depend on this center for its capacity for logic, analysis, and problem-solving

04 **Spirit** The Universal force that connects us all. This Divine Intelligence speaks through our intuition. It speaks in ways that we don't understand. This gives us wisdom. This opens us to infinite possibilities.

Let Go/Surrender & Engage the 4 Centers of Intelligence

Spirit often fulfills our desires in ways that defy our expectations. Be Open to the Universe. Surrender Control. Don't restrict the flow of the good by thinking it has to arrive in a specific way.

Often your own beliefs are restricting the flow of abundance.
When we cling to ideas of scarcity, we reinforce limitations.
Shifting these beliefs can open to unforeseen opportunities.

Engage all 4 Centers of Intelligence. Each center provides unique insights and guidance. Together they create a balanced holistic approach.

This week, take a moment to celebrate how far you've come on this journey of abundance. What have you learned? It is important to set an intention to continue growing and manifesting in alignment with your highest potential. Abundance is not just about receiving; it's about creating, sharing, and allowing life's endless possibilities to flow through you.

Abundance is a practice, a birthright, and an invitation to live a life rich with purpose, joy, and connection.

**Be Willing To Birth Something New That Serves
a Higher Purpose**