

CLASS 4---CHAPTERS 4 & 5

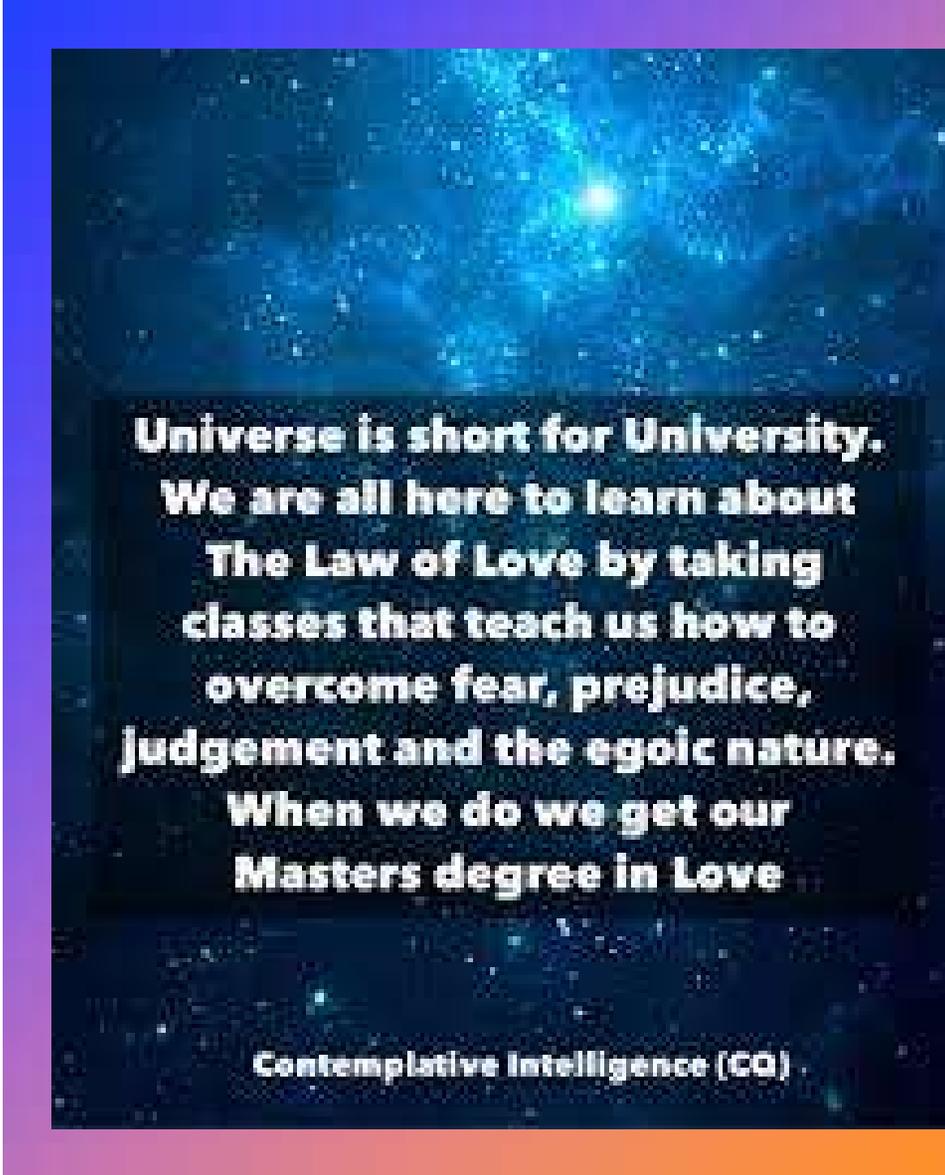
**FOR HUMANS TO MOVE
BEYOND OBJECTIVE LAW,
THE SPIRITUAL LAWS
MUST BE KNOWN**

To know & love God as all
consciousness

I & my Father are One, all
consciousness

To love thy neighbor as thyself

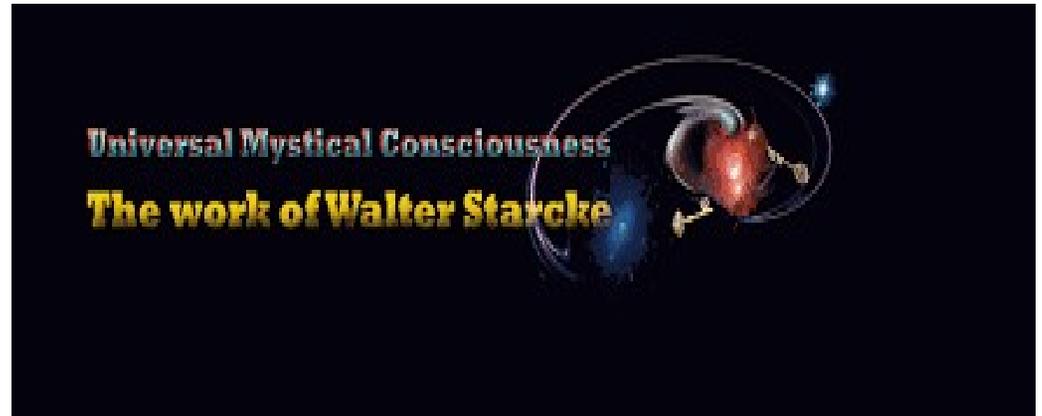
In other words, Love all form as
Divine



**Universe is short for University.
We are all here to learn about
The Law of Love by taking
classes that teach us how to
overcome fear, prejudice,
judgement and the egoic nature.
When we do we get our
Masters degree in Love**

Contemplative Intelligence (CI)

PRACTICAL MYSTICAL CONSCIOUSNESS--- THE WORK OF STARCKE



- **The Double Thread must contain the Invisible AND the Visible. AND LOVE BINDS IT TOGETHER. Seeing everything as God.**
- **So the key is to first know that I AM One with God, that Self is One with all that is. The Core of your Being is your Christ nature. Objective human Love is fraught with limitations and does not last. Yet we can apply the Second Law to how we live our lives. We must mature & grow into expressing as the Divine & realizing that all others are Divine.**

**OUR INDIVIDUAL
MIND RECEIVES FROM
ONE MIND...IT GOES
THROUGH OUR FILTER**



If religion means primarily God-consciousness, or the realization of God both within and without, and secondarily a body of beliefs, tenets and dogmas, then, strictly speaking, there is but one religion in the world, for there is but one God.

— *Paramahansa Yogananda* —

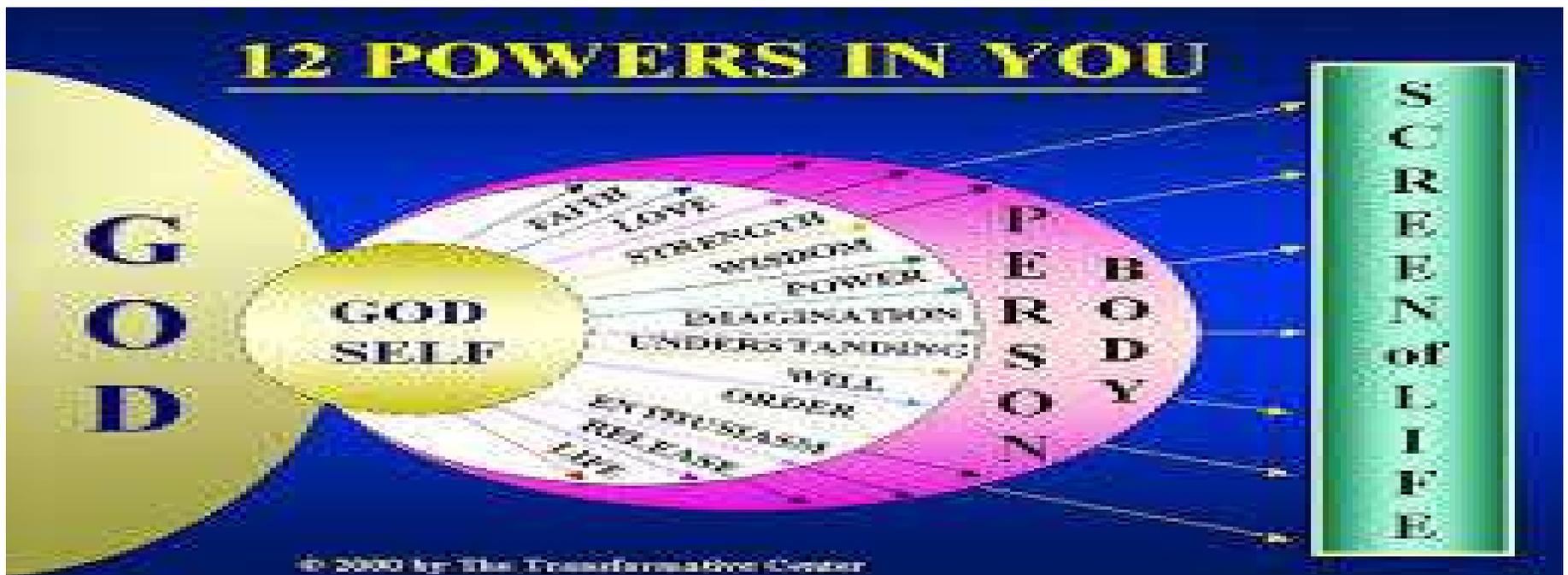
AZ QUOTES



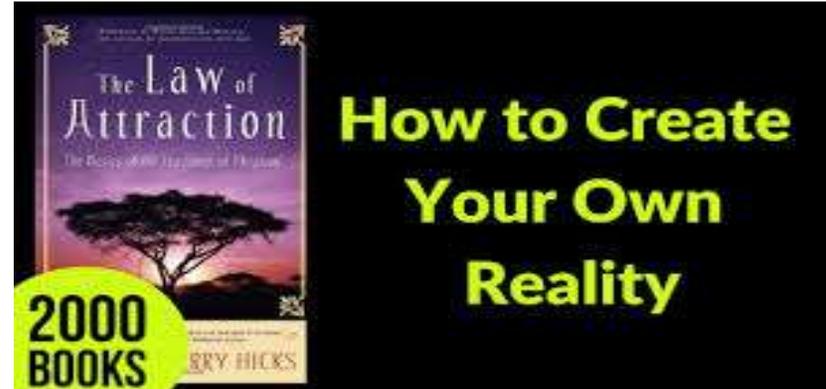
**THE HIGHER
CONSCIOUSNESS THAT
CREATES LIFE IS
EXACTLY WHAT HAS
BEEN CALLED THE DIVINE
CONSCIOUSNESS, GOD,
OR THE CONSCIOUSNESS
OF OUR SOUL SINCE
ANCIENT TIMES.**

**HOW DO YOU PURIFY
THE PURPLE AREA
BEFORE IT HITS YOUR
SCREEN OF LIFE**

**Removing the Error
Thinking or Adverse Ego so
we Manifest from purer
Divine Ideas**



THE LAW OF ATTRACTION---THE LAW OF CREATION



- We are consciousness, and through the forming power of imagination (image-ination) we materialize our perceptions.
- This is not done by what we “think superficially” but rather what we perceive to be reality. Our worldview becomes our reality. Our perceptions of reality manifest our reality.
- We create it---not truly attract it. This is a subtle difference, but all possibilities exist in the unformed Infinite---unformed until we manifest them in consciousness.
- Quantum Physics states that events happen from out of the Infinite Field of Possibilities because of the consciousness involved in the event. Consciousness creates manifest form out of the Field.

**DO YOU THINK OF “GOOD”
AS WHAT IS THE GREATEST
HARMONY FOR ALL?**

**What is good for me? Is it
good for my neighbor? Will it
bring forth the greatest good
for All?**

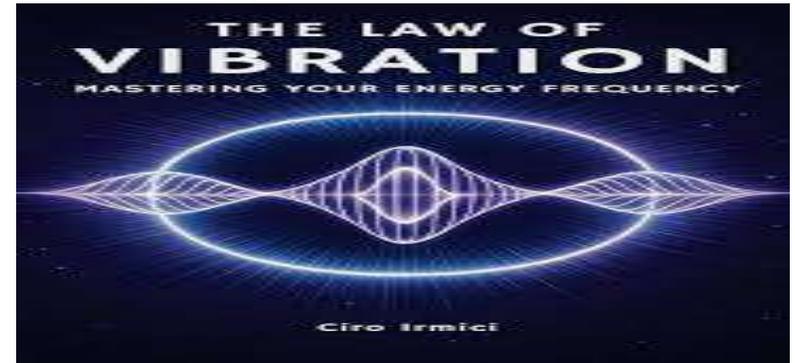
**“I PLEDGE ALLEGIANCE, TO THE EARTH AND TO ALL BEINGS WHO INHABIT IT,
AND TO THE PLANET, FOR WHICH IT STANDS, ONE WORLD UNDER LOVE,
INDIVISIBLE, WITH PEACE AND LIBERTY FOR THE HIGHEST GOOD OF ALL!”**



VIBRATIONS ARE NOT THINGS....

THE PROCESS IS A VIBRATION

THE COSMIC OM

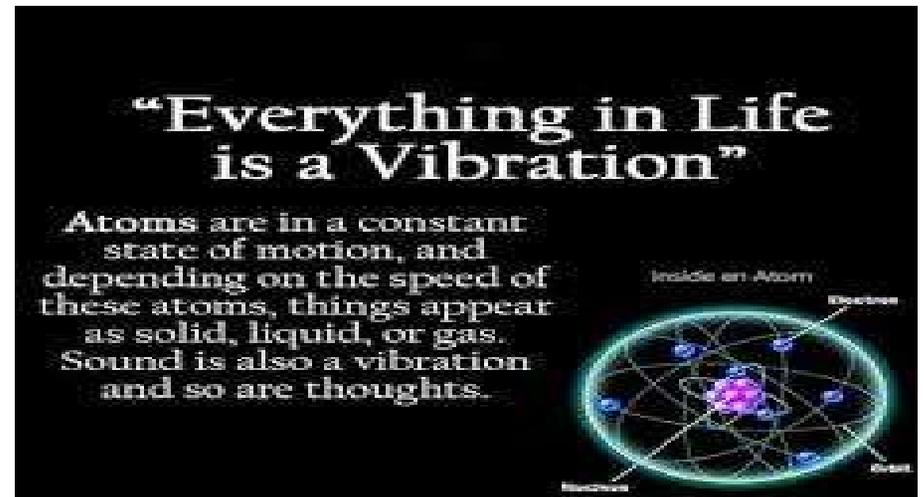


"Everything is energy and that's all there is to it. Match the frequency of the reality you want and you cannot help but get that reality. It can be no other way. This is not philosophy. This is physics"

- Albert Einstein

www.motivation.com

ENERGY IN MOTION IS VIBRATION



- **The Law of Vibration states that everything vibrates and nothing is ever at rest and like attracts like, because vibrations of the same frequency resonate with each other. Everything is energy vibrating, including your thoughts.**
- **“I am convinced there are universal currents of Divine Thought vibrating the ether everywhere and that any who can feel these vibrations is inspired.” Richard Wagner, (German composer and theorist 1873)**

QUANTUM PRINCIPLE OF RESONANCE

A slower vibrational frequency will always raise up to meet higher frequencies.

- **The higher our consciousness, the higher we can transform slower, denser manifestations/ This will be of great importance in the age to come. Disharmonious thoughts create disharmony. If the frequency changes the form will change.**

**AS ABOVE SO BELOW
IT IS A HOLOGRAPHIC
UNIVERSE.**

**WE LIVE IN A CONSCIOUS
HOLOGRAPHIC UNIVERSE**



- The same pattern is expressed on all planes of existence from the smallest electron to the largest star and vice versa. All is One.
- Inscription on the ancient Greek Temple of Apollo at Delphi said, “Know thyself and thou shalt know all the mysteries of the Gods and the Universe.”
- Fractal Geometry emphasizes the relationship between the patterns in a whole structure and the patterns seen in parts of a structure.

FRACTAL GEOMETRY- BENOIT MANDELBROIT



AS PIERRE TEILHARD CHARDIN SAID, “LAY HOLD OF ME FULLY BOTH FROM THE WITHIN AND THE WITHOUT.”



- The Process that is consciousness in creative expression is One---cosmic, infinite, and non-local. Though you create your own reality,, you are connected to the whole where each of the parts affects the whole. Consciousness of the whole affects individual manifestation and not by chance or random happenings. Our guidance is received from the Infinite Wholeness of Consciousness of Divine Source (within). This is reflected in the without. Formless consciousness creating form. The Pattern inside is reflected outside.

THE MUTABLE LAW OF COMPLEMENTS

Complements are the double nature of all expression of consciousness in form. The Yin and the Yang



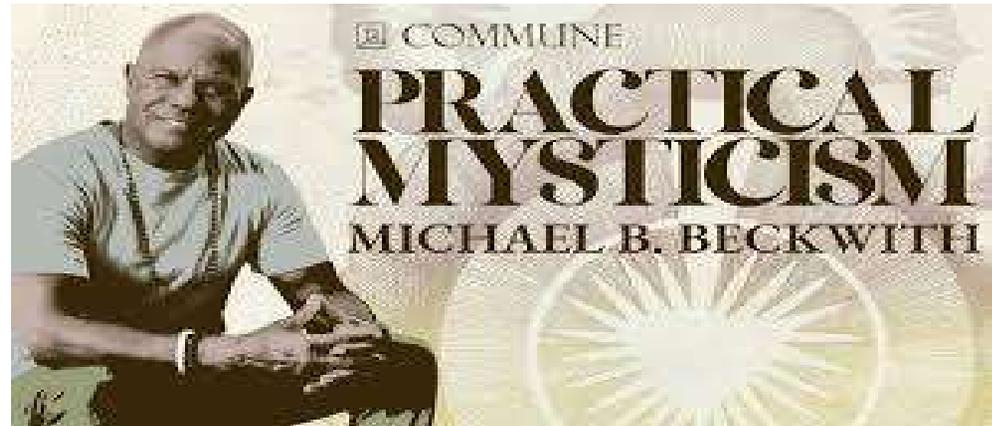
- *All Laws of Truth has a Double Thread* prerequisite.
- **Everything at the finite level** needs a complement to complete it.
- **At the level of the finite---the third-dimensional level of time and space, the “this world” level that Jesus talked of- no thing and no idea stands by itself. Everything needs something added to it in order for it to be made whole, to feel complete. Integration of seeming paradoxes to make the Whole.**

**BEGINNING IN CHAPTER 5,
ERIN STARCKE IS THE
AUTHOR.**



**WALTER HAS BECOME ILL
& ERIN IS COMPLETING
THE BOOK.**

PRACTICAL MYSTICISM



- This book was written to turn our attention to the subjective that most people ignore. We are told we need to learn how to integrate the subjective and the objective so we can live with a practical mysticism.
- Practical Mysticism is the application of a state of consciousness that sets its priority in the subjective all-inclusive nature of the First Law and the First Key. Then we use the Double Thread approach & apply the subjective awareness to the practical side of living in the world. **In other words, recognize consciousness as primary but then use double think & double thread to combine awareness of consciousness with awareness of the effects created in the material world.** The Fillmores talked of Practical Christianity & the Starckes talked of Practical Mysticism. What's the difference?

THE TRUTH THAT WE CREATE OUR REALITY IS NEW TO US

Learning to live from this Truth, involves releasing our old concepts & ideas of how reality is created. We reach a point in time when we begin to consciously use this Law or Truth in everyday life.

Many of us were not taught by our families, schools, or churches that we create our lives by our consciousness. Yet as the new cycle drew closer many such as Wayne Dyer, Joel Goldsmith, the Fillmores, Ernest Holmes, Mary Baker Eddy, authors of A Course in Miracles, Esther & Jerry Hicks (Abraham) began to speak of this Truth & teach this Truth. We create our reality by our consciousness. **We are creating everything and everyone in our life experience. We can change our own perceptions and clear up those mistaken beliefs we have carried around far too long.**

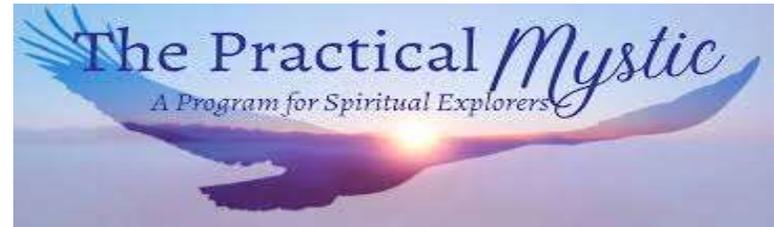
A FEW PRACTICAL HOW TO'S OF BEING TRANSFORMED INTO A PRACTICAL MYSTIC

*Do not be conformed
to this world, but be
transformed by
the renewing of your
mind...*

ROMANS 12:2a NASB

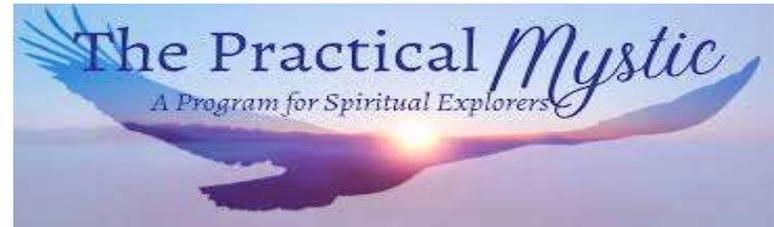
- **1. I create my life from my awareness of my Oneness with God, Infinite Source. I am Whole, Healthy, Loving, and Worthy of the Infinite Good that flows to me.**
- **2. I deliberately create from my Source of Infinite Love, Joy, and Harmony.**
- **3. I am forgiving and allow all to Be Free. I allow myself to be Freely All that I Am.**

CONTINUATION OF HOW TO BE A PRACTICAL MYSTIC



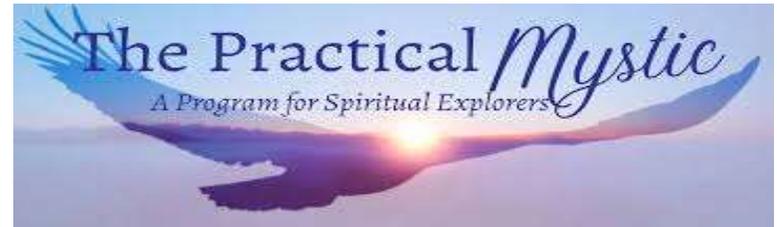
- **4. I do not resist the things I do not want. I replace them with things I do want. I do not fear the things that are whirling around me that are negative. I release them to dissipate and know that anything I do not create has no effect on me. It is nothing.**
- **5. I set my intentions from my focused priority of subjective Truth, from the power of Love, the radiance of Joy, and the Harmony that sings the Universe.**
- **6. I practice compassion and kindness no matter where I am or in what temporary circumstances I find myself.**
- **7. I choose to see the world as a positive transforming place. I choose to see others around me as fellow travelers. I respect all things. My self respect is centered in my Beingness. I know this Truth of myself and all others.**

CONTINUATION OF HOW TO BE A PRACTICAL MYSTIC



- **8. Everyone I meet is Holy. My body is Holy, my life is Holy, the world is Holy and we are all blessed.**
- **9. I begin each day with gratitude. I give with gratitude from my Infinite Source of Love, Joy, and Harmony all day. I bless my evenings with gratitude for a day of all possibilities, of wonder, and all that is.**
- **10. Gratitude sets the tone of my day as being thankful for all the blessings of life. Gratitude establishes subjective Truths as the Source of all that manifests as my life. Gratitude creates my blessings in the here and now.**
- **11. I am thankful for my highest good in the now, and in so doing empower my creations that they manifest.**

CONTINUATION OF HOW TO BE A PRACTICAL MYSTIC



- **12. Gratitude establishes Truth in form.**
- **13. I am thankful that the Divine Process knows my highest good and manifests it directly and effortlessly out of the infinite field of possibilities.**
- **14. I am Grateful that I Am The Love, Joy, and Harmony that I Am.**
- **15. I choose to Be That That I AM.**

HOW TO PRAY---PRAY FROM LOVE WHICH BINDS ALL TOGETHER, PRAY AFFIRMING ONENESS



- Prayer is an activity of Spirit, creating. True Prayer is the acknowledgement that one is already whole, healthy, loving, joyous, and harmonious. Prayer is a statement of fact, a command from Source as Source. Prayer is not faith or hope; prayer is knowing and Being. Your thoughts, words, vibrations, and prayers attract that which you are. Right prayer is the fact that you cannot receive that, which you do not already have, in consciousness. Therefore, prayer that works is prayer that infuses a situation, person, place, or thing with Love, Joy, and Harmony to restore natural order. Prayer is first aligning with One Mind, One Source, then flowing outward with the action of giving of Self to All. Your Source is your True Self, your Divine Essence.

THE “HOW TO” OF ALLOWING



- To practice allowing, one lets go of limiting judgments and by doing so frees all to Be. It is the act of letting go of your own perceptions of yourself and “all your creations.”
- It is letting go of the resistance to unwanted creations, and the allowing of joyous ones to flow freely. It is deliberately letting go of fear. It is deliberately letting go of your judgments you place on yourself and others. It is letting go of any feeling of lack.
- Trust all things. And thereby, embrace and transcend all things.

PRAYER BY ERNEST HOLMES



- **Let us sit in silence and find our center. From this awareness of our essence, let us align with the One.**
- **There is a supreme moment of realization when the individual merges with the Universal, but not to the loss of individuality; where a sense of Oneness of All Life so enters his being that there is no sense of otherness. It is here that the mind performs seeming miracles, because there is nothing to hinder the Whole from coming thru.**