

Syllabus: Spirit-Synchronized Prayer

Transforming Lives Through Spirit-Synchronized Mind-Heart Coherence and Prayer Alignment

A 4-Week Journey into Alignment, Presence & the Prayer of Alignment

INSTRUCTOR

Reverend Bryan Sawchuk, Co-Spiritual Leader

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COURSE FORMAT

4 Weeks • Tuesdays • 7:00–8:30 PM • Zoom Access

Starting June 23, 2026

COURSE DESCRIPTION

What if prayer isn't something you do — but something you BE?

This course is designed to help students discover a revolutionary and advanced approach to prayer rooted in the transformational work of Rev. Toni G. Boehm, as presented in her resource manual *Spirit-Synchronized Prayer: Transforming Lives Through Spirit-Synchronized Mind-Heart Coherence and Prayer Alignment*. Facilitated by Rev. Bryan Sawchuk, this 4-week live Zoom journey invites participants into a profound upgrade of their prayer life — moving beyond begging and beseeching, and even beyond traditional affirmative prayer, into the Prayer of Alignment: conscious, energetic synchronization with Source Energy/I AM Presence.

Drawing on the wisdom of Unity co-founder Charles Fillmore, quantum science, and Rev. Boehm's decades of advanced spiritual teaching, this course explores prayer as an energetic and vibrational experience — one where you learn to BE a conscious conduit for Source Energy to move through. This course aligns with Unity of Fort Lauderdale's commitment to Spiritual and Emotional Maturity (SEM) as a foundational practice of our commUnity.

Whether you are new to metaphysical prayer or a seasoned practitioner, this course will deepen your understanding of how prayer actually works — and transform the way you pray.

COURSE LEARNING OBJECTIVES

By the end of the course, learners will be able to:

- Understand the difference between traditional/affirmative prayer and the Prayer of Alignment
- Explain the role of Energy, Vibration & Frequency (EVF) in the prayer process and their own energetic field
- Practice conscious synchronization and alignment with Source Energy/I AM Presence
- Retranslate prayer requests — shifting from problem-focused prayer to claiming the Gifts of Spirit
- Identify shadow aspects and ego patterns that block clear prayer alignment
- Demonstrate the competencies of Spiritual and Emotional Maturity (SEM) as they apply to prayer

- Cultivate Conscious Neutrality as a sustainable state of fourth-dimensional awareness and prayer
- Create a personalized ongoing Spirit-Synchronized Prayer of Alignment practice

RECOMMENDED TEXT / READINGS

Toni G. Boehm, *Spirit-Synchronized Prayer: Transforming Lives Through Spirit-Synchronized Mind-Heart Coherence and Prayer Alignment*

Toni G. Boehm, *Soul Mastery*

Both available in paperback at [Amazon.com/books](https://www.amazon.com/books)

Purchasing the books is optional but recommended to deepen your journey and explore practices between sessions.

PROSPERITY INVESTMENT

Suggested Prosperity Investment: \$60

Your financial circumstances should never be a barrier to your spiritual growth. If the suggested amount presents a challenge, please do not let this prevent you from participating in this transformative experience.

Payment Options:

In Person: Bring your check on Sundays to Unity of Fort Lauderdale

Mail: Unity of Fort Lauderdale, 2598 East Sunrise Blvd, Suite 2104, Fort Lauderdale, FL 33304

Online: Visit unityfortlauderdale.org/give and select "SPIRIT-SYNCHRONIZED PRAYER ~ 2026"

This helps us live into and fulfill our mission of: "Transforming Lives through the Power of Love and Connection to Make a Positive Difference in the World!"

COURSE SCHEDULE

This course invites participants on a 4-week journey of awakening to a new level of prayer — discovering how alignment with Source Energy transforms not just how we pray, but how we show up in every area of life.

SESSION	DATE	TOPIC	DISCUSSION THEMES
One	June 23	The Foundation: What Is Spirit-Synchronized Prayer?	Prayer as Energy & Alignment Energy, Vibration & Frequency (EVF) The Prayer of Alignment — a new way to pray Why prayer is not about changing things in the outer
Two	June 30	Retranslating Prayer & The Field	Why prayer requires retranslation Shifting from 'fix this' to claiming Gifts of Spirit BE the Field! BE Witness! Synchronizing & Aligning with Source Energy
Three	July 7	Shadow Dancing, Ego & Spiritual/Emotional Maturity	What hinders your prayer? Adverse Ego vs. Spiritual Ego The 3 Basic Fears of Humankind Tools for shadow deactivation & self-care

SESSION	DATE	TOPIC	DISCUSSION THEMES
Four	July 14	Conscious Neutrality & Living as Spirit-Synchronized Prayer	Conscious Neutrality as a state of prayer alignment Support vs. Fixing Others — empowering questions The Spirit-Synchronized Transfiguration Experience Creating your ongoing Prayer of Alignment practice