October Memory Verse
That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit. For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit. (Romans 8:4-5)

Sermon Notes

THE BIG IDEA
What is the main truth the Lord showed you in this passage?

Trinity Gospel Church **Bible Study Notes**

The Indwelling Spirit of God

Romans 8:9-13

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

12 Therefore, brethren, we are debtors, not to the flesh, to live after the flesh.

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

God's Spirit vs. your flesh

When you became a child of God His Spirit came to live inside you! This sets you apart as His child with His life flowing though you. This indwelling Spirit of Christ overpowers your flesh when you yield to Him. The same Spirit of Jesus' resurrection is also your power to live a victorious life over your sinful flesh!

Section 1—In The Spirit

Read Romans 8:9; Titus 3:4-7; Ephesians 1:12-14

1) What do you think it means to be "in the Spirit" according to this verse? Does this describe you?

2) According to Titus 3 what part does the Holy Spirit play in our salvation? What work do we do to ensure this?

3) How can you be assured of the Holy Spirit's indwelling you? Do you have that assurance?

Section 2—The Spirit Is Life

Read Romans 8:10-11; Romans 7:17; John 7:37-39; 2 Corinthians 4:16

1) What two things dwell in us according to these verses in Romans?

2) According to John 7 what does the Holy Spirit in us produce? How does this contrast indwelling sin?

3) In what ways does 2 Corinthians 4:16 relate to you?

Section 3—No Obligation To The Flesh

Read Romans 8:12; 1 Corinthians 6:11-14

1) How might Christians feel obligated (debtors) to the flesh?

2) According to 1 Corinthians 6 how and why should our physical bodies not rule our lives?

3) What can Christians do practically to demonstrate they are not debtors to the flesh?

Section 4—Death That Leads To Life

Read Romans 8:13; Colossians 3:1-11

1) According to this verse what needs to die if we are to have the life God desires for us?

2) According to Colossians 3 what initiatives can Christians take in this "mortification"?

3) What do you think makes this "mortification" so difficult?

