



# FLOURISH IN PRAYER

*Michelle Randall*

## WHY WE ARE TO PRAY

1. TO COMMUNE WITH GOD (JOHN 14:23)
2. TO BATTLE ON BEHALF OF OTHERS (EPHESIANS 6)
3. TO HEAR THE WHISPER OF GOD (PSALM 46:10)
4. TO SEE AND EXPERIENCE THE POWER OF GOD (ACTS 1:8)
5. TO RECEIVE DIRECTION FROM GOD (1 JOHN 5:14-15)
6. TO SEE THE HAND OF GOD (MATTHEW 7:7)
7. TO SUBMIT TO THE WILL OF GOD (JAMES 1:5)
8. TO GAIN STRENGTH TO FIGHT SPIRITUAL BATTLES AND OVERCOME TEMPTATION (MATTHEW 26:41)
9. TO ACCOMPLISH GOD'S WILL ON EARTH (JAMES 5:16)
10. TO GROW IN OUR FAITH (EPHESIANS 3:20)
11. TO FEEL THE PEACE OF GOD (PHILIPPIANS 4:6-7)
12. TO RECEIVE HELP FROM GOD (HEBREWS 4:15-16)



## HOW WE ARE TO PRAY

1. PRAY ALWAYS
2. PRAY IN THE SPIRIT
3. BE WATCHFUL IN PRAYER
4. PERSEVERE IN PRAYER

*"...praying always with all prayer  
and supplication in the Spirit,  
being watchful to this end with all  
perseverance and supplication  
for all the saints."  
Ephesians 6:18*

FLOURISH DAYTREAT, APRIL 2023  
CALVARY WOMEN'S MINISTRY, CALVARY SOUTH OC  
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# THE A.C.T.S. PRAYER MODEL

## *Adoration*

ADORATION IS DEEP LOVE AND RESPECT FOR THE LORD. PRAISE THE LORD FOR WHO HE IS!

“O LORD, YOU ARE MY GOD. I WILL EXALT YOU, I WILL PRAISE YOUR NAME, FOR YOU HAVE DONE WONDERFUL THINGS; YOUR COUNSELS OF OLD ARE FAITHFULNESS AND TRUTH.” ISAIAH 25:1

## *Confession*

CONFESSION IS TO ACKNOWLEDGE SIN TO GOD. ADMIT YOUR SIN AND ASK FOR GOD’S ABUNDANT GRACE AND MERCY IN YOUR LIFE.

“IF WE CONFESS OUR SINS, HE IS FAITHFUL AND JUST TO FORGIVE US OUR SINS AND TO CLEANSE US FROM ALL UNRIGHTEOUSNESS.”  
1 JOHN 1:9

## *Thanksgiving*

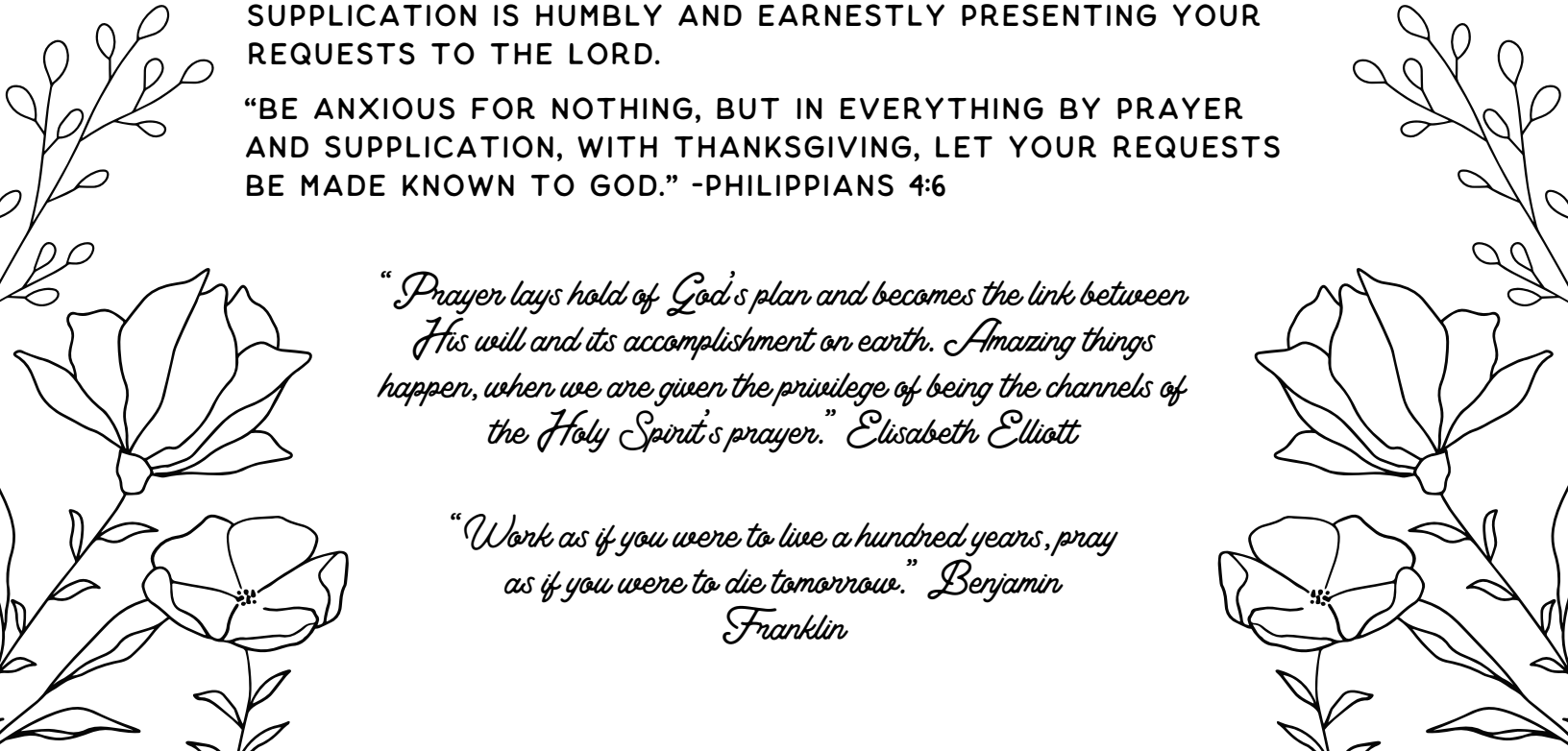
THANKSGIVING IS THE EXPRESSION OF GRATITUDE, ESPECIALLY TO GOD.

“OH, GIVE THANKS TO THE LORD, FOR HE IS GOOD! FOR HIS MERCY ENDURES FOREVER.” PSALM 107:1

## *Supplication*

SUPPLICATION IS HUMBLY AND EARNESTLY PRESENTING YOUR REQUESTS TO THE LORD.

“BE ANXIOUS FOR NOTHING, BUT IN EVERYTHING BY PRAYER AND SUPPLICATION, WITH THANKSGIVING, LET YOUR REQUESTS BE MADE KNOWN TO GOD.” -PHILIPPIANS 4:6



*“Prayer lays hold of God’s plan and becomes the link between His will and its accomplishment on earth. Amazing things happen, when we are given the privilege of being the channels of the Holy Spirit’s prayer.” Elisabeth Elliott*

*“Work as if you were to live a hundred years, pray as if you were to die tomorrow.” Benjamin Franklin*