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THREE-MINUTE TESTIMONY



Have you ever felt the Holy Spirit nudging you to share the Lord with someone, and thought to yourself

“I don’t know what to say”? I think it has happened to all of us.

As we deepen in our relationship with Jesus, a natural response is going to be the desire to share the hope that we have in Him.

One practical way to share the gospel is to share your own personal story of how Jesus saved you.

1 Peter 3:15 tells us that we should be “prepared to give an answer for anyone who asks you for the hope that you have”.

This guide is a simple way for you to prepare your personal story of how you were saved. When we make ourselves available for the Lord to use...He does!

Why three minutes? It is enough time to share how you were saved without including unnecessary information and being sensitive to the other persons attention span. Prayerfully, your testimony will open the door for more questions and sharing.

Some important tips to remember while writing your testimony are:

- Pray for the Holy Spirit to guide you.
- Write with a non-Christian listener in mind (stay away from churchy words). Keep it simple.
- Write how you would speak.
- Be positive from start to finish.
- Speak **BOLDLY** about Jesus. He is the focus of your testimony.
- Make it clear how someone could begin a personal relationship with Christ.
- Be accurate but remember you are not giving a play by play of your whole life.
- Do not glamorize your sin. Be careful about sounding proud of what you did.
- Begin with an attention getting story or event. Just a sentence or two.
- End with a finished and logical conclusion.
- Memorize it and be ready to share it! Practicing with a friend is helpful too.

A helpful outline to follow is: Before-How-After
BEFORE I received Christ:

-What was my life like?

What were my attitudes, needs, and problems?

-What did my life revolve around most?

-Where did I get my security or happiness from?

-How did those areas begin to disappoint me?

-In what ways was I unsatisfied?



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HOW I received Christ:

- When was the first time I was exposed to Jesus and heard the Gospel? How did it happen?
- What were my initial reactions?
- When did my attitude begin to change?
- What were the final struggles that went through my mind, just before I received Christ?
- Why did I decide to receive Christ?

AFTER I received Christ:

- What are some specific changes Christ has made in my life?
- How long did it take before I noticed the changes?
- How and why am I motivated differently now?

Nothing in our lives is wasted with God! It doesn't matter if you became a Christian at a young age and walked with Him since, had a season of rebellion, or came to know Him later-You have a testimony!

Saved as a child

- Don't feel like you missed out because you weren't wild.
Be thankful for God's goodness, share with joy!
- Think of something the Lord has helped you with (friends, anxiety, bullying, goals in life, etc..).
- Still have problems in life but Christ gives you hope.
- Communicate that at a specific time you put your trust in Christ.

Had a period of rebellion

- Begin with your time of rebellion.
- Share what caused you to rebel and how the Lord brought you back to Himself.
- When we accept Christ, changes occur.
- Becoming a Christian involves trusting in Christ for forgiveness of sin and repenting, not just praying a prayer.

Saved later in life

- Begin with life, attitudes, and interests before Christ.
- Share about events or people that caused you to have interest in Christ or the Bible.
- Different person since coming to Christ
- What were you seeking in life? Why didn't it fulfill you?
- How did you view Christ and Christianity?

Remember, that the most important part of your testimony is JESUS!
Share about your decision to trust Christ for forgiveness and paint a picture that helps others see how they can trust Jesus too!

I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Galatians 2:20

