## FLOURISH IN MARRIAGE

## CHRISTINE MAGTOTO

"AND THE LORD RESTORED JOB'S LOSSES WHEN HE PRAYED FOR HIS FRIENDS. INDEED THE LORD GAVE JOB TWICE AS MUCH AS HE HAD BEFORE." JOB 42:10

- BE PRAYERFUL. When you wake, include in your prayers a fresh love for Him and for your husband! "Delight yourself also in the Lord, and He will give you the desires of your heart." Psalm 37:4
- BE A BLESSING. God created Eve to be a blessing to Adam so we are to be a blessing and a 'good thing' to our husbands. "He who finds a wife finds a good thing, and obtains favor from the Lord." Proverbs 18:22
- BE TRUSTWORTHY. Repent and apologize when you've not been, and keep your word when you give it. "The heart of her husband safely trusts her." Proverbs 31:11
- BE RESPECTFUL. Speak well of your husband and marriage. "Let the wife see that she respects her husband." Ephesians 5:33
- BE SLOW TO SPEAK. Know when it's right (and when it's not) to speak. We think we always have to share our thoughts because we're "being honest", but your words can be life-giving and refreshing, or hurtful. "She opens her mouth with wisdom." Proverbs 31:26
- BE EASY TO LIVE WITH. No griping, criticizing, nagging, complaining. "Better to live on a corner of the roof than share a house with a quarrelsome wife." Proverbs 21:9 and "Her ways are pleasant ways, and all her paths are peace." Proverbs 3:17 is about Wisdom but apply it to yourself and foster peace in your house.
- BE A PEACEMAKER. If you're quarreling, you can decide to replay details, stay frustrated and be "right", or you can let love and peace rule. Jesus says in Matthew 5:9, Blessed are the peacemakers. "Beginning a quarrel is like opening a floodgate, so drop the matter before a dispute breaks out." Proverbs 17:14
- BE JOYFUL! You can set the mood with your countenance. "A joyful heart is good medicine, but a crushed spirit dries up the bones." Proverbs 17:22
- BE FORGIVING. And when you forgive, be forgetful of his failures and offenses. "bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive." Colossians 3:13; "do not let the sun go down on your wrath, nor give place to the devil." Ephesians 4:26-27
- BE EDIFYING. Look for the good in your husband, not the flaws and the failures in order that it doesn't become self-fulfilling. "He who earnestly seeks good finds favor." Proverbs 11:27a
- BE TEACHABLE. Learn from the Word. Take notes at church. Seek a godly, mature, long-time married female mentor for advice and prayer in challenging times, not unmarried girlfriends or newly married wives. "Let the wise listen and add to their learning, and let the discerning get guidance." Proverbs 1:5

- BE HEALTHY. It is wise to eat well, drink water, exercise and get good sleep. It will also help you to look and feel more attractive for your husband AND be active together. "By me (wisdom), your days will be multiplied, and years of life will be added to you."

  Proverbs 9:11
- BE CAREFUL with your words. They can add value or they can destroy. Do they bless or tear down? "Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord." Psalm 19:14
- BE PROTECTIVE of your marriage. Today compromise is common, evil is good and pornography is no longer in the dark. Don't let your guard down because one weak moment can change your life. If it's crept its way in, reclaim your marriage for Jesus. It's never too late. "A prudent person foresees the danger and takes precautions." Proverbs 27:12
- BE A COVERING for your husband. Don't take your arguments, discontent and failures to mom or your girlfriends. When you make up with your husband, those that you told will not forget. "If you argue your case with a neighbor, do not betray another man's confidence," Proverbs 25:9
- BE CONTENT. We can get caught up with wanting the 'perfect' relationship, perfect house, perfect vacations as seen on Instagram. If this is causing you debt and discontent, stop now and ask God for help. "Through knowledge its rooms are filled with all sorts of precious riches and valuables." Proverbs 24:3-4
- BE GOOD STEWARDS. Find satisfaction and joy in taking care of your homes and gifts from the Lord. "She watches over the ways of her household, and does not eat the bread of idleness." Proverbs 31:27
- BE ROMANTIC. We think our guys should be romantic planners, but let's face it! Not all are and can use our help. "Two are better than one, because they have a good return for their labor." Ecclesiastes 4:9-10
- BE FUN to be around! Be lighthearted and cheerful. Don't wait for a reason or occasion to be. "The light of the eyes rejoices the heart." Proverbs 15:30

AS WE GET OLDER, I WANT US TO LAUGH MORE, ARGUE LESS AND DATE A LOT!" – CHRISTINE MAGTOTO

## Our fun date ideas

- o A beach bike ride & breakfast
- o Coffee shop hop at least 3, not Starbucks
- o Conversation Starters for Couples
- o Learn something new Archery!
- o Visit the zoo
- o Double kayak with snacks
- o Picnic at the back of a pickup truck
- o Movie night at the back of a pickup truck
- o Backyard camping
- o Plan, shop & make a meal together

- o Play a board game Scrabble, Dominos, Monopoly
- o Rent a fun car or truck and take a drive
- o Spontaneously book a hotel and go!
- o Explore a new city
- o Volunteer together
- o Upscale a picnic
- o Paintball!
- o Hunt for treasure at Home Goods
- o Glamp! Go to hipcamp.com for ideas
- o Go to a shooting range

FLOURISH DAYTREAT, APRIL 2023
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