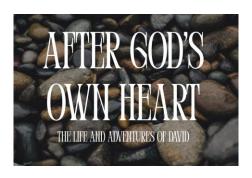
## Disciple's Quest

If you continue in My word, then you are truly disciples of Mine. John 8:31



October 5, 2025
I Samuel 21-22:1
Lessons From the Cave

## Main Idea:

Adversity is a certainty in this life. Sometimes believers even contribute significantly to their own troubles through personal sin. However, when responded to rightly, even the most difficult adversity can be a positive force in the Christian's life.

## **Outline:**

Three instructions for persevering and even growing stronger through troubling times:

- 1. When life becomes unexpectedly tough, begin by evaluating the situation honestly, and take responsibility when necessary for your own part in causing the hurt.
- 2. To be able to persevere and even grow stronger through difficult times take 3 remedial actions.
  - a) Seek your refuge in the Lord
  - b) Pray urgently
  - c) Choose to worship God intentionally

## Questions for further contemplation and application after the message:

#1	Initially, David attempted to solve his problems in C. 21 with deception. What was the result? Is it always wrong for believers to lie? Why?
#2	When difficulty finds us, the truth is that we've often helped it to do so. Why is it important to evaluate our own mistakes? Why can doing so be so difficult?
#3	Where are you sometimes prone to seek refuge during tough times other than with the Lord?
#4	What finally brought David back to his senses and turned him fully to the Lord again?
#5	What's the danger in praying with dispassionate, disconnected babel? What does it mean to pray with urgency?
#6	How does sincere and intentional worship impact our perspective on life during seasons of adversity?
#7	Why is it important to remember that God is sovereign even "in the cave"?