
What We Say
Reveals
How We Walk
Tej Lus Peb Hais Qhia Tias
Peb Ua Neej Li Cas
Colossians 4:6


Once the paste comes out,
it can't be put all back.

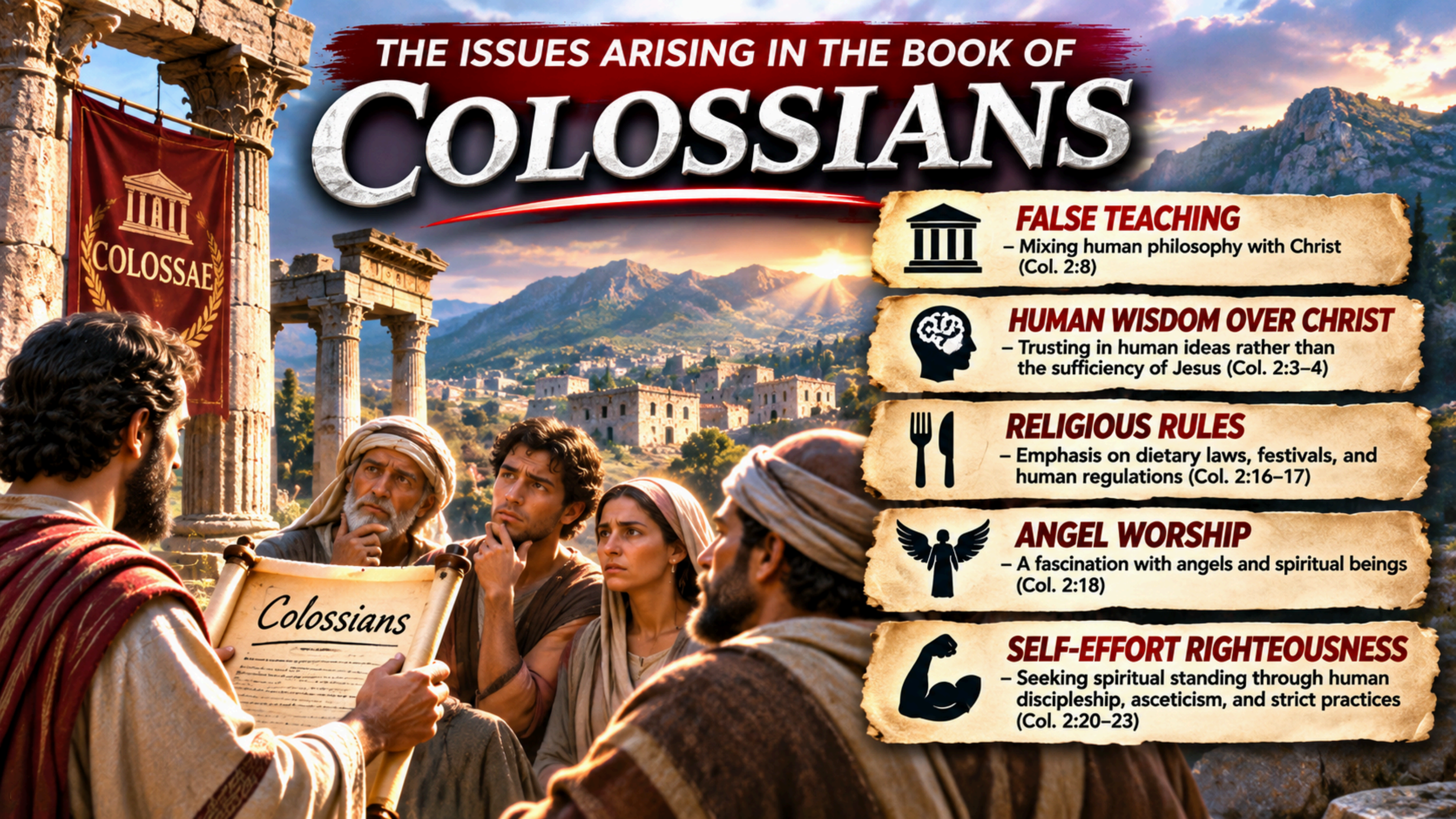
IF SOMEONE REMEMBERED *the words*

you spoke to them today for the next twenty years, what would you want those words to be?

COLOSSIANS | KAULAUXAIS 4:6

“Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.” - ESV

Tej lus uas nej hais, yuavtsum yog tej lus uas zoo mloog thiab hais kom luag tej xav mloog, kom thaum luag nug nej los nej thiaj yuav paub teb.


THE ISSUES ARISING IN THE BOOK OF
COLOSSIANS
COLOSSAE
Colossians
FALSE TEACHING
– Mixing human philosophy with Christ (Col. 2:8)
HUMAN WISDOM OVER CHRIST
– Trusting in human ideas rather than the sufficiency of Jesus (Col. 2:3–4)
RELIGIOUS RULES
– Emphasis on dietary laws, festivals, and human regulations (Col. 2:16–17)
ANGEL WORSHIP
– A fascination with angels and spiritual beings (Col. 2:18)
SELF-EFFORT RIGHTEOUSNESS
– Seeking spiritual standing through human discipleship, asceticism, and strict practices (Col. 2:20–23)

MATTHEW | MATHAIS 12:34

For out of the abundance of the heart the mouth speaketh.

Lub siab xav puvnpo licas ces lub ncauj yeej hais tawm los li ntawd.

T.O.N.G.U.E.

T — **THINK** before you speak.

O — **OFFER** praise to God.

N — **NEVER** spread gossip.

G — **GIVE** words that build up.

U — **USE** fewer words.

E — **EXAMINE** your heart.



| Txawj Xav Ua Ntej Koj Hais Lus

Proverbs | Paj Lug 15:28

“The heart of the righteous studieth to answer...”

Tus tibneeg siabzoo yeej ua tibzoo xav uantej mam teb...

CHALLENGE *Don't let your emotions speak before wisdom does.*

O | **OFFER** praise to God.

| Tsa Lus Qhuas Rau Vajtswv

Hebrews | Henplais 13:15

"...the fruit of our lips giving thanks to his name."

uas yog qhov khoom fij los ntawm peb lub ncauj uas lees hais tias Nws yog tus Tswv.

CHALLENGE

Let praise come from your mouth more often than complaints.



| Tsis Txhob Hais Lus Xaiv

Proverbs | Paj Lug 16:28

"...a whisperer separateth chief friends."

lawv tsim kev kubntxhov thiab ua kom tej phoojywg tawg pab tawg pawg.

CHALLENGE

Don't carry words that can unnecessarily damage another person's reputation or relationships.



| Txawj Hais Lus Uas Txhawb Zog

Ephesians | Efexus 4:29

"...that which is good to the use of edifying..."

nej yuavtsum siv tej lus zoo uas yuav pab thiab txhawb tau lwmtus rawsli lawv tej kev ntshaw xwb

CHALLENGE

Use your mouth as a tool for construction, not destruction.

U | USE fewer words.

| Tsis Txhob Hais Lus Ntau Ntau

Proverbs | Paj Lug 10:19

“In the multitude of words there wanteth not sin: but he that refraineth his lips is wise.”

Koj yim ntau ncauj, yimhuab yoojyim rau koj ua txhaum. Yog koj ntse, koj yuav kaw koj lub ncauj.

CHALLENGE

Talk less. Listen more.
Choose your words carefully.



| Tshawb Xyuas Koj Lub Siab

Matthew | Mathais 12:34

"...out of the abundance of the heart the mouth speaketh."

Lub siab xav puvnpo licas ces lub ncauj yeej hais tawm los li ntawd.

CHALLENGE *If you don't like what keeps coming out of your mouth, examine what you have allowed to remain in your heart.*

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PSALM | NTAWV NKAUJ 141:3

“Set a watch, O LORD, before my mouth; keep the door of my lips.”

Tus TSWV, thov Koj tswj kuv lub qhovncauj, thiab tswj lub qhovrooj ntawm kuv ob daim dincauj!

Before you open that Door, ask:




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