

## New Life Begins Here | *Lub Neej Tshiab Pib Ntawm No*

John | **Yauhas** 3:1–8 (ESV)

Now there was a man of the **Pharisees** named Nicodemus, a ruler of the Jews. <sup>2</sup> This man came to Jesus by **night** and said to him, “Rabbi, we know that you are a teacher come from God, for no one can do these signs that you do unless God is with him.” <sup>3</sup> Jesus answered him, “Truly, truly, I say to you, unless one is born **again**, he cannot see the kingdom of God.” <sup>4</sup> Nicodemus said to him, “How can a man be born when he is old? Can he enter a second time into his mother’s womb and be born?” <sup>5</sup> Jesus answered, “Truly, truly, I say to you, unless one is born of water and the **Spirit**, he cannot enter the kingdom of God. <sup>6</sup> That which is born of the flesh is flesh, and that which is born of the **Spirit** is spirit. <sup>7</sup> Do not marvel that I said to you, ‘You must be born again.’ <sup>8</sup> The **wind** blows where it wishes, and you hear its sound, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.”

### Part 1 – Use your Bible or lesson notes to complete the sentences.

1. Nicodemus was a **Pharisees** and a ruler of the Jews. (John 3:1). **Who were the Pharisees?** *They were recognized for their strong commitment to holiness and personal devotion—the name “Pharisee” comes from a Hebrew term meaning “separated.” In addition to the written Law of Moses, they also valued oral traditions and taught that all Jews should faithfully follow the more than 600 laws found in the Torah, including ceremonial cleansing and purification practices.*
2. Nicodemus came to Jesus at **night**. *John often uses “darkness” to symbolize spiritual blindness. Nicodemus came physically at night, but spiritually he was also searching in darkness. (John 3:2)*
3. Jesus said, “Unless one is born **again**, he cannot see the kingdom of God.” *Jesus wanted Nicodemus to understand that religion and good works cannot save a person. (John 3:3)*
4. Jesus said a person must be born of water and the **Spirit**. *Jesus was describing spiritual cleansing and renewal by the Holy Spirit. This is not merely external washing but inward transformation. Salvation includes cleansing from sin and receiving a new spiritual nature. (Ezekiel 36:25-27; John 3:5)*

5. “That which is born of the flesh is flesh, and that which is born of the **Spirit** is spirit.” *Human nature can only reproduce human nature. Sinful humanity cannot produce spiritual life on its own. Only the Holy Spirit can create spiritual life.*

**Flesh** = fallen human nature.

**Spirit** = divine life from God. (John 3:6)

6. Jesus compared the Holy Spirit to the **wind**. *We may not physically see the Spirit, but we can see the evidence of His work in transformed lives. The Holy Spirit produces visible evidence of inward transformation. (John 3:8)*

### Part 2 – Write (T) TRUE or (F) FALSE beside each statement.

7. F\_\_\_ Nicodemus fully understood Jesus immediately.
8. F\_\_\_ Jesus taught that religion alone could save someone.
9. T\_\_\_ Spiritual rebirth comes through the Holy Spirit.
10. T\_\_\_ The Holy Spirit changes a person from the inside out.
11. F\_\_\_ A person can earn salvation through good works.
12. T\_\_\_ Jesus said everyone must be born again.

### Part 3 – Answer the following questions in complete sentences.

#### What role does the Holy Spirit play in salvation?

The Holy Spirit:

- convicts people of **sin**,
- draws them to **Christ**,
- gives spiritual **life**,
- cleanses the **heart**,
- and transforms the believer from within.

Salvation is ultimately the work of God through the Spirit.

#### What evidence shows that someone has been spiritually transformed?

Evidence of spiritual rebirth includes:

- love for **God**,
- conviction over **sin**,
- desire for **prayer** and Scripture,
- growing obedience,
- **love** for others,
- humility,
- and a changed lifestyle.

Transformation may not be instant perfection, but there will be spiritual growth.

### Part 4 – What is one area of your life where you want the Holy Spirit to help you grow? \_\_\_\_\_