



Weekend Resources

November 16, 2025

What Now - What's In Your Way?

Use these questions and resources during your study time or with your group.

RECAP: “It’s not about seeing the finish line—it’s about taking the next step.” When Moses laid down the staff, stretched it over the sea, and struck the rock—God moved. Each act of obedience released provision, power, and purpose. Your next step of faith may just unlock someone else’s breakthrough.

MAIN POINTS

- Plan your path
- Personal responsibility
- Persevere

GETTING STARTED

- What’s something new you’ve tried recently—big or small—that took you out of your comfort zone?

SCRIPTURE

- [Exodus 14:16, Exodus 14:26-29, Hebrews 12:1-2, Hebrews 12:12-13, Exodus 1:12, Exodus 3:21](#)

DISCUSSION QUESTIONS

- In the story of the Red Sea, what do you notice about the way God involves Moses and the Israelites in the miracle? How does this shape your understanding of how God works through both divine power and human participation?
- The message suggested that “what’s in your way isn’t meant to stop you—it’s meant to stretch you.” How do you see that truth reflected in the experience of the Israelites at the Red Sea and in the overall story of Exodus 14?
- Hebrews 12 uses the image of running a race with perseverance. What connections do you see between that passage and the journey of faith we see in Moses and the Israelites? What does it reveal about the nature of endurance and trust in God’s timing?

APPLICATION

- **Plan Your Path:** What’s one area of your life where you’ve been waiting for the “waters to part” before taking a step? What would it look like to mark out a simple, specific next step of faith this week?
- **Personal Responsibility:** Are there places in your life where you’ve been tempted to make excuses, shift blame, or stay stuck? What’s one way you can take ownership and move forward with God’s help?
- **Persevere:** When you face obstacles, what helps you keep your eyes fixed on Jesus and not lose heart? How can you build rhythms or reminders that strengthen your resilience in difficult seasons?

RESOURCES

- “To move the world, we must first **move ourselves**.” - Socrates
- “There is no such thing as a traumatic event. Events are not traumatic until we **experience** them as traumatic. To call something a ‘traumatic event’ belies that fact. Every frightening event, no matter how negative it might seem from the sidelines, **has the potential to be traumatic or not** to the person experiencing it, depending on how they **perceive and respond** to that event.” - George Bonanno ([How People Learn to Become Resilient](#))
- “Everything can be taken from a man but one thing: the last of human freedoms – to **choose one’s attitude** in any given set of circumstances.” - Viktor E. Frankl
- “Great works are performed not by strength, but by **perseverance**.” - Samuel Johnson