



# Weekend Resources

January 4, 2026

The Integrity Question

Use these questions and resources during your study time or with your group.

**RECAP:** It's about making better decisions now so we have fewer regrets later. Our decisions determine the direction and quality of our life, so we need to ask better questions. Through five key questions, we explore how to move from reactive, short-sighted choices to intentional, wise living — or as we like to call it, walking **The Road Less Stupid**.

## MAIN POINTS

- Pick Your Path
- Recognize the Red Flags
- Do the Next Right Thing

## GETTING STARTED

- What's a "this might be a bad idea" moment you've had that you can laugh about now?

## SCRIPTURE

- [Proverbs 1:1-3, Proverbs 2:21, Proverbs 2:7, Proverbs 20:7, Daniel 6:2-5, Daniel 6:10, Daniel 1:8, Daniel 3:16-18](#)

## DISCUSSION QUESTIONS

- The message contrasts "place" with "path," saying we don't find stability, protection, or legacy in a destination, but in a direction we choose. What do you think people usually mean when they say they're looking for stability or security, and how does the idea of a path challenge or reframe that?
- Integrity is defined as "telling myself the truth" and as being the same person in private as in public. Why do you think this kind of integrity is so difficult to maintain, even for well-intentioned people?
- Daniel's story highlights that his defining decisions were made long before the crisis—his direction, not just his intention, shaped his destination. What stands out to you about the way Daniel's character developed over time, and why do you think consistency mattered more than a single heroic moment?

## APPLICATION

- **Pick Your Path:** When you think about this season of your life, what does it feel like you're moving toward right now—even if it's hard to put into words?
- **Recognize the Red Flags:** The message talked about warning signs we often miss. Which idea stood out to you more: "That could never be me," or "I deserve this"? What do you think makes that kind of thinking so common?
- **Do the Next Right Thing:** As you look at decisions or situations in your life, how might asking yourself "Am I being honest with myself...really?" help you focus on doing the next right thing rather than trying to control the outcome?

## RESOURCES

- "Integrity is telling myself the truth. And honesty is telling the truth to other people." - Spencer Johnson
- "tom" — integrity, completeness, fullness.
- "Direction, not intention, determines your destination." — Andy Stanley
- "If you wouldn't want it published in the papers, don't do it." - Andy Stanley
- **Closing Prayer:** God, thank You for this time together. As we head into a new week, help us be honest with ourselves, pay attention to the direction we're heading, and have the courage to do the next right thing. We trust You with the outcomes and ask You to lead us on a wiser path. Amen.