



Weekend Resources

July 12, 2026

Week 3 - The Comparison Game

Use these questions and resources during your study time or with your group.

RECAP: Relationship games are bad for relationships. The win in a relationship is the relationship. Relationally speaking, when the games begin, the game is over. If you must compete, play for the medal of honor.

MAIN POINTS

- Run Your Race
- Fix Your Focus on Jesus
- Choose Gratitude

GETTING STARTED

- **What's something you wanted really badly as a kid but now realize you didn't actually need?** (A toy, a trend, a gadget, a fashion item—you name it!)

SCRIPTURE

- [Proverbs 14:30, Ecclesiastes 4:4-6, John 10:10](#)

DISCUSSION QUESTIONS

- The message describes comparison as a "game" that everyone plays. **Why do you think comparison comes so naturally to people, and why is it so difficult to stop?**
- Solomon contrasts "one handful with tranquility" with "two handfuls with toil and chasing after the wind" (Ecclesiastes 4:6). **What do you think this image is trying to communicate about success, contentment, and the pursuit of more?**
- Kendal suggests that comparison often leads in one of two directions: feeling superior to others or becoming envious of others. **How have you seen these two responses affect relationships, communities, or even society as a whole? Which do you think is more common, and why?**

APPLICATION

- **Kendal challenged us to consider who we're trying to keep up with.** Is there a person—or even a group of people—you find yourself measuring your life against? How has that comparison shaped the way you think, feel, or make decisions?
- **Solomon warns about pursuing a "second handful" when it's motivated by envy rather than healthy ambition.** What do you think is driving your pursuit of more right now? How can you tell the difference between healthy goals and comparison-driven striving?
- **Comparison often causes us to miss the good that's already in front of us.** Who or what might envy be causing you to overlook or underappreciate? What would it look like to intentionally notice and celebrate those people or blessings this week?

RESOURCES

- **Closing Prayer:** God, thank you for the many ways you have blessed each of us. Forgive us for the times we compare ourselves to others instead of trusting you with the life you've given us. Help us to find contentment in your goodness, celebrate the successes of others, and keep our eyes fixed on Jesus. Fill our hearts with gratitude, peace, and joy as we follow you this week. In Jesus' name, amen.