



**NOW
STREAMING**

Finding God's Truth in the Stories We Watch

Weekend Resources

April 12, 2026

Week 1 - Ted Lasso

Use these questions and resources during your study time or with your group.

RECAP: Because stories shape our souls. The shows we watch aren't just entertainment—they're reflections of our longings, fears, and deepest desires. And behind every story we love is the bigger story of God's redemption.

MAIN POINTS

- Be Curious, Not Judgemental; Don't Waste the Pain; Trust God in the Change; Release the Offense; Build a Habit of Hope

GETTING STARTED

- The message mentions that we often resist change, sometimes preferring the dry "desert" we know over the "promised land" we don't because the desert is at least familiar. Think about a time in your life when you strongly resisted a disruption or change. Looking back, how did that uncomfortable season ultimately lead to growth?

SCRIPTURE

- [Proverbs 3:5-6; 18:15; Isaiah 43:18-19; Matthew 6:14; 7:1-2; John 15:12-13; Romans 8:28; 1 Corinthians 8:1; Colossians 3:13; Hebrews 13:5; James 1:2-4](#)

DISCUSSION QUESTIONS

- Culture often treats changing your mind as a sign of weakness or compromise, but the message describes it as maturity, growth, and humility. Why is it so difficult for us to admit we don't know everything, and how does curiosity help fix that?
- We often want to know why a painful thing happened to us, but Pastor Jess suggests we ask a different question: "What is God doing through it?". How does shifting your perspective to Romans 8:28 (that God in works all things for good) change the way you view your current struggles?
- We often hesitate to forgive because we feel the other person doesn't deserve it or because they haven't apologized. How does it set you free to realize that you don't forgive for them, but rather for you so that you can have peace?

APPLICATION

- Pastor Jess challenged everyone to pick their "ONE" lesson to focus on this week: Be curious, not judgmental, Don't waste the pain, Trust God in the change, Release the offense, or Build a habit of hope. Which of these five is God highlighting for you right now, and what is one step you will take to act on it?
- Practice curiosity this week: When someone says something you disagree, or behaves in a way that frustrates you, pause instead of reacting. Ask them, "Help me understand... how did you come to that perspective?".
- Is there an offense you have been rehearsing and holding onto? Make the decision today to release it and free yourself, trusting that forgiveness enlarges your future

RESOURCES

- "Be curious, not judgmental." — Walt Whitman