

Prepare Him Room

Weekend Resources

December 14, 2025

Prepare Him Room - Stillness

Use these questions and resources during your study time or with your group.

RECAP: When we prepare, we become aware. The Advent season is an opportunity to make room in our hearts for Jesus. The temptation at Christmas is that we can fill our hearts with selfishness, stress and stuff. But God wants to fill our hearts with love, joy and peace. By intentionally practicing stillness, simplicity and surrender, we are making room in our hearts for God.

MAIN POINTS

- Wait Expectantly
- Wait With Emotional Honesty
- Wait By Being Still

GETTING STARTED

- As a kid, what was something you remember waiting for during the Christmas season?

SCRIPTURE

- [Luke 1:5-7, Luke 1:18-20, Luke 1:23-24, Psalm 5:3, Psalm 40:1](#)

DISCUSSION QUESTIONS

- Why do you think waiting is such a universal human experience, and why might it be connected to spiritual growth or awareness, no matter where someone is in their faith journey?
- In the message, we heard that "God does some of His best work in the dark." What thoughts or reactions come to mind when you hear that idea—especially in light of the stories of people like Zechariah, Elizabeth, Jonah, or Elijah?
- The Advent season is described as a time of longing, expectation, and anticipation. How does that idea of "waiting for something to arrive" shape the way you think about God, faith, or hope in general?

APPLICATION

- **Wait Expectantly:** What is one specific situation in your life where you want to begin waiting with more expectation—trusting that God is present and working even if you can't see the outcome yet?
- **Wait With Emotional Honesty:** Where might you need to be more honest with God about what you're actually feeling—whether that's fear, frustration, hope, or something else—and what would it look like for you to express that to Him this week?
- **Wait By Being Still:** What is one practical way you can intentionally create stillness or silence in your daily routine this week—something small and realistic—that would help you become more aware of God's presence?

RESOURCES

- "Waiting patiently in expectation is the **foundation** of the spiritual life." - Simone Weil
- "I am so **tired** of waiting,
Aren't you,
For the world to **become good**
And beautiful and kind?
Let us take a knife
And cut the world in two -
And **see** what worms are eating
At the rind." - Tired, Langston Hughes