



Weekend Resources

July 19, 2026

Week 4 - The Change Game

Use these questions and resources during your study time or with your group.

RECAP: Relationship games are bad for relationships. The win in a relationship is the relationship. Relationally speaking, when the games begin, the game is over. If you must compete, play for the medal of honor.

MAIN POINTS

- Honest Self-Examination
- Time in the Scriptures
- Inviting Accountability

GETTING STARTED

- **If your friends or family had to describe how you play games, what would they say?** (Ultra-competitive, strategic, laid-back, rule-follower, rule-bender, comic relief, etc.)

SCRIPTURE

- [Matthew 7:1-5, Matthew 7:12](#)

DISCUSSION QUESTIONS

- **The message described "The Change Game" as focusing on changing other people instead of examining ourselves.** Why do you think it's so easy for us to notice what others need to change while overlooking our own blind spots?
- **Jesus uses the image of a plank in our own eye and a speck in someone else's (Matthew 7:1-5).** What do you think Jesus is trying to teach about the relationship between truth, humility, and compassion? How does that challenge common ways people respond to others' faults?
- **John contrasted using a magnifying glass to evaluate others with using a mirror to evaluate ourselves.** How does that illustration help you better understand Jesus' teaching? What stood out to you most about that comparison?

APPLICATION

- **Where are you most tempted to carry a "magnifying glass" instead of a "mirror" right now?** Is there a relationship where you've been more focused on someone else's shortcomings than asking God to examine your own heart?
- **The message suggested three ways to "pick up the mirror": honest self-examination, time in Scripture, and inviting accountability.** Which of those feels like your next step, and what would it look like to practice it this week?
- **Think of someone who frustrates you or someone you wish would change.** What would it look like to approach that person with more grace, humility, and compassion while still holding to truth?

RESOURCES

- **Closing Prayer:** God, thank you for loving us with so much grace. Thank you for the people you've placed in our lives to help us grow, and for the patience you show us every day. This week, help us to be quick to look at our own hearts before we focus on someone else's faults. Give us humility to receive correction, wisdom to speak with grace, and hearts that reflect the love of Jesus in every relationship. We want to be people who build bridges, not barriers. We ask all of this in Jesus' name, amen.