

Use these questions and resources during your study time or with your group.

RECAP: These enemies cannot survive exposure and discipline. The way out is not behavior modification—but heart transformation. Each enemy has a specific habit that weakens its hold.

MAIN POINTS

- Celebrating others is a **habit**.
- Celebrating others **doesn't mean you can't ask for yourself**.
- Celebrating others **is only possible with Jesus**.

GETTING STARTED

- What's something small or big that you've celebrated recently—either in your own life or in someone else's?

SCRIPTURE

- [Matthew 15:16-20, James 4:1-3, Proverbs 14:30, James 1:17, Hebrews 4:15-16](#)

DISCUSSION QUESTIONS

- Why do you think jealousy is so hard to see in ourselves, even though we can usually spot it in others?
- The message said jealousy at its root is believing "God owes me." How have you seen that play out in your own life or relationships?
- How does jealousy distort the way we see other people—and even the way we see God?

APPLICATION

- Who in your life have you struggled to celebrate, and what's one specific way you could go out of your way to affirm or congratulate them this week?
- When you find yourself wanting something someone else has, how can you practice taking that desire to God instead of letting jealousy shape your relationships?

RESOURCES

- [Enemies of the Heart: Breaking Free from the Four Emotions That Control You by Andy Stanley](#)
- "Jealousy is resenting God's goodness in someone else's life and **ignoring His goodness** in your own." - Craig Groeschel
- "To jealousy, nothing is more frightful than **laughter**." - Françoise Sagan
- "It's always easier to **behave your way into a new way of thinking** than to think your way into a new way of behaving." - Tom Basson
- "Don't wait until you FEEL like celebrating. **CELEBRATE UNTIL YOU FEEL LIKE IT**." - Tom Basson