



# Weekend Resources

February 01, 2026

The Maturity Question

Use these questions and resources during your study time or with your group.

**RECAP:** It's about making better decisions now so we have fewer regrets later. Our decisions determine the direction and quality of our life, so we need to ask better questions. Through five key questions, we explore how to move from reactive, short-sighted choices to intentional, wise living — or as we like to call it, walking **The Road Less Stupid**.

## MAIN POINTS

- What is the wise thing for me to do, in light of **my past experience**?
- What is the wise thing for me to do, in light of **my current circumstances**?
- What is the wise thing for me to do, in light of **my future hopes and dreams**?

## GETTING STARTED

- Did you have a curfew growing up? If so, what was it—and were you usually early, on time, or “creative” with it?

## SCRIPTURE

- [Ephesians 5:15-16, 1 Kings 3:5, 1 Kings 3:7-9, James 1:5](#)

## DISCUSSION QUESTIONS

- **What stood out to you most from the idea of living “close to the line”?** Was there a story, example, or phrase that connected with you or made you think differently about how people make decisions?
- **Why do you think humans tend to ask, “Is this wrong?” instead of “Is this wise?”** What do you think feels safer or more appealing about living near the edge rather than creating margin?
- **The message suggests that many major regrets come from a series of unwise—but not wrong—decisions.** Why do you think it’s so hard to recognize unwise patterns while we’re in them, but easier to see them in hindsight or in other people’s lives?

## APPLICATION

- **Looking back on your past experiences, are there things you’ve learned about yourself that might be worth keeping in mind as you make decisions today?** Where might a little extra margin be helpful?
- **Thinking about your current circumstances—your season of life, stress level, or emotions—are there any areas where slowing down or pausing could be the wise move right now?**
- **When you picture the future you hope for, are there choices you’re making today that connect with that future—or maybe feel a bit out of sync with it?** What helps you notice the difference?

## RESOURCES

- “Those who **cannot remember** the past are condemned to repeat it.” - George Santayana
- **Closing prayer:** God, thank you for meeting us right where we are. Give us wisdom to learn from our past, clarity in our present, and hope as we look toward the future. Help us slow down enough to notice what is wise, not just what is allowed, and give us the courage to trust you with our next steps. Amen.